

**TUNGKILLO PROGRESS CLUB INC.**

**Tungkillo Gazette**

**JULY, 2023**  
**Issue No.175**



**TUNGKILLO**  
**1861**

**TUNGKILLO PROGRESS CLUB INC. -**

**WORKING BEE -**

**9<sup>th</sup> July, 2023**



At 10 am onwards

Bring your own gardening tools if you are available,  
please come along to help and you will be rewarded with  
a BBQ to say thank you to all the helpers.





## **Regional Capability Community Fund**

### Round 2 - Applications now open

The Regional Capability Community Fund (RCCF) has been established to improve community safety and capability to respond to fire emergencies.

Eligible applicants

- Individual farmers
- Farming businesses or rural landholders
- Rural community groups (Note: Applications from rural community groups will only be eligible for reimbursement for shared use fire-rated personal protective clothing).

Visit our website for further information about the RCCF program, including How to Apply <https://www.cfs.sa.gov.au/farms>

Applications close Friday, 4 August 2023

**A NEGATIVE  
MIND  
WILL NEVER  
GIVE YOU  
A POSITIVE  
LIFE.**



TUNGKILLO PROGRESS CLUB INC.

# **FIRE WOOD RAFFLE**

Tickets available at the  
Mt Pleasant Post Office,  
Joyleen at the Tungkillo SM Hall  
or contact Mandy Lintern



aged gum, approx 1 ton, spllt wood



Raffle drawn on  
21st of June 2023\*  
unless 100 tickets are not sold



6 bottles mixed Australian wine



**Winner of the wood Mia Gray**  
**Winner of the wine Philip Stryboz**



**Thank you : to Maurice Collins for this generous donation  
and to all the people that bought the raffle tickets**

## **MT PLEASANT CFS FUNDRAISER** **COMEDY NIGHT**

**BACK FOR OUR 8TH YEAR TO HELP YOU FORGET  
ALL YOUR WOES & RAISE VALUABLE \$\$\$ FOR YOUR  
LOCAL BRIGADE.**

**4 OF ADELAIDE'S TOP AWARD WINNING COMICS**



**STEVE SHEEHAN**



**PETE MONAGHAN**



**DEHLI BOY**



**KEHAU JACKSON**

**SATURDAY OCTOBER 7 2023**

**MT PLEASANT SOLDIERS MEMORIAL HALL**

**DOORS OPEN 7PM**

**TICKETS \$30 PER PERSON (TABLES OF 8) ONLINE  
AT [TICKETEBO.COM.AU/MTPLEASANTCFS](https://www.ticketebo.com.au/mtpleasantcfs) OR FROM  
MT PLEASANT POST OFFICE (CASH ONLY)**

**BYO DRINKS & NIBBLES & COINS.**

**GREAT RAFFLE PRIZES AND SPECIAL PRIZES**

**\*\*RATED 15+ (STRONG LANGUAGE)**



TUNGKILLO PROGRESS CLUB INC.



**SATURDAY | 19 AUGUST, 2023**

**Tungkillo Soldiers Memorial Hall**

**Doors open 6:30pm**

**Eyes Down at 7:00pm**

**BBYO Nibbles & Drinks**

**Tea & Coffee Provided**

**Soft Drinks available for purchase**

**CASH ONLY - no card purchases available**

**Raffle prizes to be won**





## TUNGKILLO COMMUNITY POST BOXES

**New working hours -**

**Monday—9.30am—11.30am**

**Tuesday—9.30am—11.30am**

**Wednesday—9.30am—11.30am**

**Thursday—9.30am—11.30am**

**Friday—9.30am—11.30am**

**Please feel free to speak to Joyleen on any postal queries you may have during these hours and she will help you,  
**there are still Post Boxes available.****

## Do you need to have some photocopying done?

The hall now has a photocopier available for any printing job.

Prices are as follows:-

**Black and White— 25 cents/copy**

**Colour— 35 cents/copy**

Please contact Joyleen or Glenda for any job that is needed to be done.



## Mid Murray Council Customer Service

Have a question about something in town or the area?

A query about public toilets, animals, roads, vegetation?

**The Mid Murray Council Customer Service Team can help you.**

**Just call, email or check online!**

Phone: 8569 0100 - Email: [postbox@mid-murray.sa.gov.au](mailto:postbox@mid-murray.sa.gov.au)

Online: [www.mid-murray.sa.gov.au](http://www.mid-murray.sa.gov.au)



# CHEW THE FAT night

Grab a feed, drink some beer  
and catch up with mates.

**Poor mental health is like cancer.  
Ignoring it can be fatal**

**MEN  
ONLY**

If you had a broken leg you get help, you'd be treated with your doctor, about your leg and you'd be looked after. We need to get to a point in Australia where if we are struggling with our mind, we seek and get the same help.

Come and listen to our speakers - a couple of typical Aussie blokes hit by huge personal life challenges.

- Hear their confronting stories
- Learn how they overcome their personal challenges

Come enjoy some good food, drink some beer and learn how we can help ourselves and others better confront health issues of the mind.



**FREE pig on the spit**

**BYO CHAIR**

**FRIDAY 21 APRIL @ 7pm**

**The DOECKE SHED**

5902 Thiele Hwy, Eudunda | NO NEED TO BOOK

OTHER NIGHTS:

**FRIDAY 10 MAY  
WALKER FLAT**

**The  
HABY SHED**  
2488 Peering Rd, Walker Flat

**FRIDAY 15 SEPTEMBER  
MALLALA**

**The  
KONZAG SHED**  
85 Wines Rd, Mallala



Find out more at:  
[saveourmates.com.au](http://saveourmates.com.au)

Got questions?  
Anthony 0419 188 208  
Gavin 0428 811 407

31 May 2023

**MEDIA RELEASE****BEST-SELLING AUSTRALIAN AUTHOR DARRY FRASER  
VISITS MORGAN TO MENTOR WRITERS**

Acclaimed historical women's fiction author Darry Fraser has made a name for herself writing best-selling stories that showcase Australia's rural heritage – and in July she will share some of her secrets with local writers in Morgan.

Author of 12 books – including the popular *The Murray* series – Darry will visit Morgan for an Author Talk on 6 July and a writing workshop on 7 July.

Hosted through the Morgan Public Library, Ms Fraser's visit will give locals a chance to hear – and learn – from one of Australia's most-loved historical fiction authors.

While in Morgan, Ms Fraser will also be researching for an upcoming novel, due for release in 2025.

Mid Murray Mayor Simone Bailey said the event was a win for the local community.

"Often our local readers have to travel long distances to larger towns or to the city to attend an author talk or take a writing class," Mayor Bailey says.

"Darry's visit will allow readers to hear from a popular writer closer to home. It will also provide a rare opportunity for our budding authors to learn from one of the best when it comes to writing historical fiction.

"It's also exciting to hear that Darry will be using her time in Morgan and the Mid Murray for research that will shape one of her future novels – and hopefully we'll see Morgan in the spotlight again when it hits the shelves in two years' time."

Ms Fraser's *The Murray* series centres on life in colonial times and the paddle steamer era along the Murray River and has featured towns including Renmark and Echuca. Her other novels have been set in rural South Australia and Victoria.

With stories that take the reader on a journey through Australia's unique history – from the majestic paddle steamers of the Murray River to the chaotic gold fields of Victoria and the isolated wilds of the South East – Darry Fraser has made a name for herself in bringing the nation's heritage to life. Her appearance in Morgan is one not to be missed for readers, those interested in history and anyone looking for an entertaining evening.

The Author Talk will be held at the Morgan Activity Centre on Thursday, 6 July at 6pm, with a light supper provided.

The Writing Workshop will also run at the Morgan Activity Centre, from 10.30am on Friday, 7 July. Writers should bring a notebook, pen and their creativity. Spaces are limited and bookings are essential.

To find out more, or to book for either event, visit <https://www.trybooking.com/CHOHJ>.

Learn more about Darry Fraser and her books here: <https://www.darryfraser.com/>.

**MEDIA CONTACT:**

Mid Murray Council Chief Executive Officer Ben Scales  
P: (08) 8569 0100 | E: [postbox@mid-murray.sa.gov.au](mailto:postbox@mid-murray.sa.gov.au)





**Wishing everyone a very happy birthday and if your birthday is in JULY and we have missed it we are sorry and would like you to contact the gazette and we will add to our list.**

*Happy*  
**BIRTHDAY!**

**Danielle Crowhurst**



**Jack Rollond**

**Anne Hinks**

**Dennis Rockley**

**Martin Leenders**

**Kaidon Rogers**

**Martin Crowhurst**

**Kyah Zarkovic**

## TUNGKILLO GAZETTE



**BreastScreen SA**  
Caring for women  
from ocean to outback  
Call 13 20 50 | [breastscreen.sa.gov.au](http://breastscreen.sa.gov.au)

BreastScreen SA's Mobile Screening Unit is visiting  
**Tea Tree Gully, from early June to late August 2023**

We're inviting all women aged over 40, especially 50 to 74 years, to come along for their 2-yearly screening mammogram (breast X-ray).

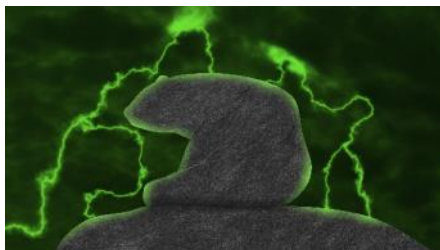
- > It's FREE
- > It's quick – it can take as little as 10 minutes
- > You can make a booking with a friend, family member or group
- > It's the best way of detecting breast cancer early (before symptoms start to show), giving you a greater chance of successful treatment.

**Call us on 13 20 50 to make your appointment or to find out more.**

You'll find us in the western car park of  
 Turramurra Recreation Centre  
 1000 Lower North East Road, Highbury

 **Breast Screen SA**  **Government of South Australia**  
 SA Health

### Bear Rock Electrical



- Fully qualified and insured Electrical Contractor
- Electrical repairs, additions and alterations
- Testing and Tagging of electrical equipment
- Switchboard inspections and upgrades
- Safety inspections including RCD testing
- Boat and Caravan electrical systems

E-mail: [bearrockelectrical@gmail.com](mailto:bearrockelectrical@gmail.com)

Electrical licence number: PGE 246 111

**Call Mark on 0439 872 966**

**\*No Job is too small\***

*Live* EVERY MOMENT,  
*Laugh* EVERY DAY,  
*Love* BEYOND WORDS.

**Kerry's Oily Corner**

One for the fur babies.

- 1 cup arrowroot powder
- 20 drops Rosemary
- 20 drops Wintergreen
- 10 drops Eucalyptus
- 10 drops Citronella

Mix together – store in a glass jar.  
 Rub into fur every few days during high season.  
 Sprinkle some on the bedding.

Remember only use quality oils NOT chemical based oils.  
 0439195352  
[kerrysnaturalproducts@outlook.com](mailto:kerrysnaturalproducts@outlook.com)



**Illuminate Adelaide—**

**We're hitting the road to Mannum for River Lights!**

From 04-13 August Mannum's historic township will shine bright with a series of immersive installations and dazzling light displays.

**FOLLOW**  
*your*  
**DREAMS,**  
**THEY KNOW**  
*the way*

## TUNGKILLO GAZETTE



### MOUNT PLEASANT POST OFFICE

57A Melrose street, Mount Pleasant Phone: 85682152  
FULL RANGE OF POSTAL SERVICES

- Cards - Gifts - Books - Phone credits - Printer Cartridges -
- Stationary - Darrell Lea Products -
- BANK @ Post - Bill Pay Facilities - CBA Adelaide - Citi Bank - Bendigo -
- Credit Unions Westpac - BankSA - NAB - - Telstra - SA water -
- Council rates - Aust. Tax Payments - Motor Reg - AGL -



South Australian  
Country Fire Service

### MOUNT PLEASANT COUNTRY FIRE SERVICE

Mount Pleasant CFS is a great community service.  
Tungkillo is within their call out zone

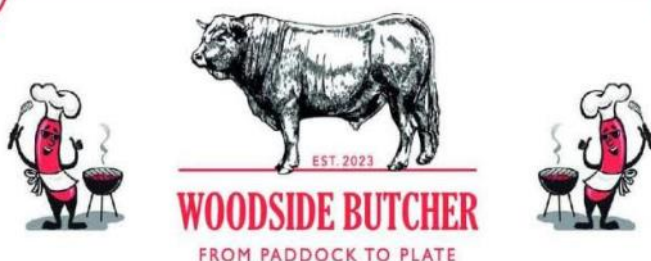
**They are Recruiting now!**

Want to meet new people? Want to learn new skills?  
Want to give something back to your community?

Join the Country Fire Service and start helping now!  
**Mt Pleasant CFS Captain Glynn: 0490 143 514**



**The CFS offers a range of roles including:**



ADVERTISE  
IN OUR  
FUTURE  
EDITIONS

ADVERTISE  
IN OUR  
FUTURE  
EDITIONS

## "CARD LUNCHEON"

The first winter time card luncheon on Thursday the 15th of June brought 24 card players out for the afternoon.

Numbers were slightly down from April, due to illness & other commitments.

There was plenty of yummy hot food to go around on the day & delicious desserts 🍰 . Thanks to Mandy Lintern for providing some very tasty slices for afternoon tea, they were very popular.

Thanks to Carole Evans, Vicki Silvestri, Sandy Piper, Meredith Baynes, Mandy Lintern, Maureen Torrans, Glenda Rogers & Joyleen Burton who provided all the hot food & desserts.

As usual thanks to all the card players that help out during the day, Clem, Neil, Helen, Shirley, Maria (also good to see back after missing last luncheon due to being ill), Carole, Vicki, Ollie & anyone else I may have forgotten.

Winners of the cards: Ladies: Shirley Klose.

Men : Keith Burgemaster.

Boobies: Ladies: Bev Schubert.

Men: Clem Bormann.

Erna won the game of Rummie & Daryl came 2nd with Annette & Marg tying for 3rd place. Also good to see Erna back after missing the last luncheon due to illness

The raffle table was full of lots of wonderful prizes purchased by the committee & also donated by the card players. The raffle brought in \$109.00 for the day. A fun day all round.

**Next card luncheon will be Thursday the 17th of August 2023.**

Joyleen Burton  
Secretary  
TPC Inc.



## 2023 FREE GREEN WASTE DISPOSAL DAY

**15<sup>th</sup> and 16<sup>th</sup> July 2023**



**For transfer station operating times and locations visit**  
**[www.mid-murray.sa.gov.au](http://www.mid-murray.sa.gov.au)**

**What will be accepted as clean residential green waste, including**

- **Grass clippings**
- **Prunings**
- **Leaves**
- **Small branches, up to 100mm in diameter**

**What will not be accepted.**

- **Commercial loads of materials**
- **Waste or hard rubbish**
- **Soil**
- **Proclaimed weeds, these include rose, poplar, blackberry, gorse, olive, bridal creeper, kikuyu, couch and bamboo.**



## COMMUNITY PAGE

Muntries



Kunzea Pomifera



Also known as the Emu apple, Native cranberries or Munthali.

This berry is a highly valued fruit by the Aboriginal peoples, is significantly higher in antioxidants than blueberries and also quite high levels of Vitamin C. Fruit was dried and pounded down to make into cake and traded among the clans.

The name "Muntries" was first recorded in 1840 and is one of the 400 Aboriginal words adopted by the settlers into the Australian English languages from the Kurna and Ngarrindjeri language of Eastern South Australia.

In the wild, Muntrie berries are found to grow from Eyre Peninsula and Kangaroo Island South Australia down the SA coast line and into Portland Victoria.

Muntries are a ground hugging native plant with the branches spreading up to 3 meters in the wild but under cultivation grow very successfully on trellised and this makes them easier to harvest. Muntries grow best in well-drained soil requiring moderate to strong alkaline PH 6.0 - 8.0. These plants when established can tolerate dry conditions, are frost tolerant and tolerate extreme temperatures. With satisfactory watering they will produce a healthy amount of fruit. This plant does not like to be water logged. It may take 2 to 3 years before the plant is in full swing and produces an abundance of fruit. When flowering the plant produces a lovely cluster of white flowers which the bees



## TUNGKILLO GAZETTE

love also. Berries will need to be netted if you don't wish to share with the local bird life. The ripe fruit is the size of one's thumb nail or smaller, it is a green berry with a reddish tinge forming on the berry. Grows in cluster and ripens around Feb- March. Muntries have a lovely appley cinnamon flavor. A good time to harvest in the Tungkillo area is around mid-March. I usually harvest on Mt Pleasant Show Day.

Fruit can be eaten fresh, dried, or frozen however when removed from freezer will be soft when thawed. Freeze up to 24 months. Freezing for no more than 24 months actually helps retain this super food nutritional values. Berries can be used anywhere that you would use sultanas' examples, sweet pies(apple), chutneys, salads, cakes and sauces. Use instead of sultanas in a rice salad.

Susan Simpson

### Rice salad with Muntrie Berries and homemade French dressing

1 cup of rice	4 green onions finely chopped
1 medium capsicum finely chopped	310g can corn, drained
450g can pineapple pieces, drained	1/3 cup of muntrie berries

Cook rice, when rice is cooled down add all ingredients together and mix well

### French dressing

1/3 cup veg oil	¼ teaspoon sugar
¼ tbs mustard powder	2tbs white vinegar or lemon juice

Place all ingredients in a jar screw lid and shake





## TUNGKILLO GAZETTE

### COMMUNITY INFORMATION -

#### JUSTICE OF THE PEACE

BARRETT, Donald Robert (Mr)	8568 2985	MOUNT PLEASANT, 5235
BROWN, John James (Mr)	8564 1103	EDEN VALLEY, 5235
HENDERSON, Murray (Mr)	0439 385 291	CROMER, 5235
KELLY, Linda Elizabeth (Mrs)	8568 2109	SPRINGTON, 5235
LEAN, David Alexander (Mr)	0400 268 223	MT PLEASANT, 5235
MAY, Rodney Dennis (Mr)	0419682528	MOUNT PLEASANT, 5235
MUELLER, Margaret Ann (Mrs)	8568 2560	MOUNT PLEASANT, 5235
PARHAM, Robert John (Mr)	8568 2860	MOUNT PLEASANT, 5235
SKIPWORTH, Alison Marie (Mrs)	0400889484	MOUNT PLEASANT, 5235
SEAGER, Nicholas Edward Halsall (Mr)	0448 884 721	MOUNT PLEASANT, 5235
TUMBERS, Michael Frederick Hugh (Mr)	0412 240 854	EDEN VALLEY, 5235
TURNER, Lynton Holbrook (Mr)	0438 932 483	MOUNT PLEASANT, 5235

#### **POLICE – MANNUM - ph – 85692211 – General Enquiries**

**131444 - Assistance**

**Operating hours – 8.30am to 11.30pm Mon – Sun 7 days a week**

**MT PLEASANT – ph – 85692023 – General Enquiries**

**Operating hours – 9am to 12 noon Mon – Fri**

**Email address [www.police.sa.gov.au](http://www.police.sa.gov.au)**

#### **LIBRARY – MANNUM – ph – 85692005 – Mannum Community**

**College Operating hours – 8.30am to 4pm. Mon – Fri**

**Closed for lunch 12-12.30pm in school holidays.**

**MT PLEASANT – ph – 83638304 – Operating hours – 9am to 5pm. Mon to Fri Closed for lunch 12.30pm to 1.30pm**

**PHARMACY – MT PLEASANT – ph 85682095 – Operating hours – 9 am to 5.30pm Mon – Fri. 9am to 12 noon Saturday.**

**BIRDWOOD – ph 85685644 – Operating hours – 9am to 5.30pm Mon – Fri. 9am to 12 noon Saturday.**

#### **DOCTORS – MT PLEASANT AND BIRDWOOD – Talunga Clinic -**

**85680080 – Mon., Tues., Fri., 8.30am to 5pm. Wed., and Thurs., 8.30am to 8pm. Sat. 8.30am to 1pm.**

**BIRDWOOD – 85685156 – Tues., Thurs., Fri., 8.45am to 5pm.**

# TUNGKILLO GAZETTE

## Contact Us!

8-10 Brinkworth Road,  
Tungkillo 5236

**Facebook:**  
[www.facebook.com/  
tungkillocommunity](http://www.facebook.com/tungkillocommunity)

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@gmail.com](mailto:tungkillohall20021947@gmail.com)

**Gazette Email:**  
[tungkillogazette@gmail.com](mailto:tungkillogazette@gmail.com)

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### TUNGKILLO PROGRESS CLUB INC. COMMITTEE MEMBERS 2022-2023

<b>President</b>	Mandy Lintern	0427 040 965
<b>Vice President</b>	Alan Lintern	0428 508 256
<b>Secretary</b>	Joyleen Burton	0409 067 714
<b>Treasurer</b>	Glenda Rogers	0414 536 561
<b>Council Representative</b>	Victoria Hammond	08 8569 0100
<b>Committee Members</b>		
Malcolm Reynolds	Anne Reynolds	Meredith Baynes
Kerry Leenders	Anne Burgess	Sue Simpson

## JULY, 2023

If you haven't renewed your membership please be advised that you will not be able to vote on future projects, AGM or constitution for the club to help us with the township and surrounds into the future.

Your can renew online just send an email or note in letterbox and the details will be given.



					1	2
3 TPC INC COMMITTEE MEETING	4	5	6	7	8	9 WORKING BEE
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

