

TUNGKILLO PROGRESS CLUB INC.

Tungkillo Gazette


AUGUST, 2023
Issue No.176




TUNGKILLO
1861

Tungkillo Ghost Moth and Grub

"Look! High above the swirling white winter mists rise huge mountains covered with dark stringybark trees. In summer night bushfires sometimes crackle and glow among the branches. This is the former Tungkillo homeland of the Peramangk people"
People Of The Adelaide Hills by Reg Butler




The caterpillars of this species are white with a brown head and dark spiracles. The caterpillars are a favoured bait for fishing. They live in vertical tunnels in the ground, which they dig and cap with a hinged lid. The caterpillars feed on the roots of Gum and Wattle Trees. The caterpillars ringbark the roots and the plant responds by growing gall like tissue on the underground root, upon which the caterpillars then feed. The caterpillars pupae at the bottom of their tunnel. Which is silk lined, vertical subterranean shaft 63 - 75 in depth and leading to within a few millimetres of the surface. The pupa can have length of up to 8 cms.



The adult moths are grey brown with flashes and other more complex markings on the forewings. The hindwings are brown fading to pale brown at the margins. The males are usually smaller than the females and have more prominent markings. Apparently this species only appears in SA on the first warm wet night in april when the males are attracted to lights and may be captured with ease. When matamorphosis is complete, the pupa squirms up to the top of its tunnel. The plug of earth closing the chamber is lifted like a hinged lid when the pupa thrusts half of its length out of hole during emergence.

Tungkillo Township
Tungkillo was originally the name of a mine located south of Palmer, which opened in 1847. In 1848, a town was surveyed at the mine. The present-day town was settled by Samuel Patten in 1861, who called it South Petherton (after the Somerset town of South Petherton from which his family originated). The name of South Petherton was officially altered on 24 January 1906 to Tungkillo, although the two names were used interchangeably as late as 1936. Tungkillo is a corruption of tainkila, a Peramangk Aboriginal word meaning ghost moth grubs.



As part of a Mid-Murray Council Program to offer opportunities for its citizens to express their towns unique identity and dream, a grant was provided. This was to specifically employ an artist to help clarify the vision for how Tungkillo's identity may be creatively represented. Tungkillo Progress Club commissioned local artist Malcolm Reynolds to develop the Moth Sculpture. The Sculpture represents the Moth arising out of a tree and the grub emerging from the ground.

Long before the dawn of modern white history, the Peramangk Aboriginal people inhabited the tree filled gullies and park like tablelands of the eastern Adelaide Hills. These folk enjoyed unending supply of edible plants and grubs to gather together with marsupials such as kangaroos and opossums to hunt. By the time of first white colonists made their way into the Adelaide Hills in 1837 the Peramangk had all but disappeared, leaving great silent forests for Europeans to explore and eventually clear. Remnants of Aboriginal rock paintings and creek side camps, together with strategic look-out caves peering over the Murray Flats, remind later generations of this significant era. The caterpillar of the moth grub was a right royal delicacy for the Peramangk. Food gatherers became experts at flushing out the 8cm-10cm long hulls of cream flesh form decaying gum trees. Tungkillo's prolific wattles proved another rich source of moth larvae. Further spring time treats included white ant and other insect larvae, birds' eggs, young birds and lizards. During summer the tribe sought out native roots and vegetable products.

BEAR ROCK SIGNS

The Mid Murray Council has placed
at the MOTH SCULPTURE—
the above plaque with all the information about
how it came to be and what it represents. After
many years we are proud to say this project is
near completion there will be a light placed in the
next few weeks to complete.

Thanking the Mid Murray Council for this
contribution greatly appreciated.



COMMUNITY ANNOUNCEMENT

A seed has been planted about a community garden. But seeing that many communities have a veggie patch, as a group we chose to have one that was different and came up with the idea of a Bush Tucker Garden.

A Bush Tucker Garden is any food that's native to Australia. They are plants that naturally adapt to the climate and soils of Australia - meaning less water and less effort when growing.

We are incorporating 4 main things in this garden.

- Bush food for everyday family
- Fire Retardant plants
- Medicinal
- Habitat for native animals and insects



Mount Pleasant Post Office nominated the Progress Club for the Australia Post's Annual Community Grants Program which we are pleased to announce that our application was successful, and we have received a grant for \$1000 which will go towards our project.

By receiving this wonderful grant and planting these plants around the Tungkillo Community Hall we hope to showcase how wonderful these plants are and how helpful they can be to our community either by looking at how to reduce a fire coming through - for food, decorative and medicinal use.

We would also love the community to become involved in this project by helping with setting up and planting of the garden and future maintenance.

If you would like to help, please contact us by email tungkillohall20021947@gmail.com.



Tungkillo community survey 2023

Tungkillo Progress Club Inc. Committee would like to invite the Tungkillo community & surrounding areas to complete this quick survey on what you would like to see happen at the Tungkillo Soldiers Memorial Hall.

The Tungkillo Progress Club would like to have your feedback on the following ideas,

These classes & activities could become a possibility in the future if we have enough people interested.

Your thoughts & ideas would be very much appreciated.

Possible ideas Cooking Classes - Preserving

- Dehydrating
- Kids school holiday cooking classes
- Cooking and baking classes

Dance or exercise classes - Zumba

- Yoga
- Pilates

Trivia night

Basic Maintenance for the everyday person –

- How to fix a leaky tap
- How to fix a squeaky door
- How to fix a fly screen

Craft Days

- Card Making
- Knitting/Patchwork/Needlework
- Painting
- Resin board making
- Rug making

Guest Speaker

- Talks on Gardening weed control etc.
- Boat Licence
- Mothers and baby group

Please respond your thoughts and any other suggestions on our Facebook page, email information to tungkillogazette@gmail.com or leave in your letterbox for collection.

Or go to **Tungkillo SA Community Notice Board – Buy, Swap, Sell, Advertise and Discuss** and there will be a survey on there as well.

MT PLEASANT CFS FUNDRAISER **COMEDY NIGHT**

**BACK FOR OUR 8TH YEAR TO HELP YOU FORGET
ALL YOUR WOES & RAISE VALUABLE \$\$\$ FOR YOUR
LOCAL BRIGADE.**

4 OF ADELAIDE'S TOP AWARD WINNING COMICS



STEVE SHEEHAN



PETE MONAGHAN



DEHLI BOY



KEHAU JACKSON

SATURDAY OCTOBER 7 2023

MT PLEASANT SOLDIERS MEMORIAL HALL

DOORS OPEN 7PM

**TICKETS \$30 PER PERSON (TABLES OF 8) ONLINE
AT [TICKETEBO.COM.AU/MTPLEASANTCFS](https://www.ticketebo.com.au/mtpleasantcfs) OR FROM
MT PLEASANT POST OFFICE (CASH ONLY)**

BYO DRINKS & NIBBLES & COINS.

GREAT RAFFLE PRIZES AND SPECIAL PRIZES

****RATED 15+ (STRONG LANGUAGE)**



TUNGKILLO PROGRESS CLUB INC.

**SATURDAY | 19 AUGUST, 2023****Tungkillo Soldiers Memorial Hall****Doors open 6:30pm****Eyes Down at 7:00pm****BBYO Nibbles & Drinks****Tea & Coffee Provided****Soft Drinks available for purchase****CASH ONLY - no card purchases available****Raffle prizes to be won**



TUNGKILLO COMMUNITY POST BOXES

New working hours -

Monday—9.30am—11.30am

Tuesday—9.30am—11.30am

Wednesday—9.30am—11.30am

Thursday—9.30am—11.30am

Friday—9.30am—11.30am

**Please feel free to speak to Joyleen on any postal queries you may have during these hours and she will help you,
there are still Post Boxes available.**

Do you need to have some photocopying done?

The hall now has a photocopier available for any printing job.

Prices are as follows:-

Black and White— 25 cents/copy

Colour— 35 cents/copy

Please contact Joyleen or Glenda for any job that is needed to be done.



Mid Murray Council Customer Service

Have a question about something in town or the area?

A query about public toilets, animals, roads, vegetation?

The Mid Murray Council Customer Service Team can help you.

Just call, email or check online!

Phone: 8569 0100 - Email: postbox@mid-murray.sa.gov.au

Online: www.mid-murray.sa.gov.au

TUNGKILLO GAZETTE



AUGUST BIRTHDAYS

ZODIAC—Leo and Virgo

Wishing all listed a very Happy Birthday and hope it is spent with family and friends, If your birthday is in August and not listed please drop us a line either via your postbox or email tungkillogazette@gmail.com and you will be mentioned next month and added to our birthday list.



Raelene Day

Meredith Baynes

Dorothy Banks

Kiana Rogers



David Evans



Muntries

Kunzea Pomifera


Also known as the Emu apple, Native cranberries or Munthali.

This berry is a highly valued fruit by the Aboriginal peoples, is significantly higher in antioxidants than blueberries and also quite high levels of Vitamin C. Fruit was dried and pounded down to make into cake and traded among the clans.

The name "Muntries" was first recorded in 1840 and is one of the 400 Aboriginal words adopted by the settlers into the Australian English languages from the Kaurna and Ngarrindjeri language of Eastern South Australia.

In the wild, Muntrie berries are found to grow from Eyre Peninsula and Kangaroo Island South Australia down the SA coast line and into Portland Victoria.

Muntries are a ground hugging native plant with the branches spreading up to 3 meters in the wild but under cultivation grow very successfully on trellised and this makes them easier to harvest. Muntries grow best in well-drained soil requiring moderate to strong alkaline pH 6.0 - 8.0. These plants when established can tolerate dry conditions, are frost tolerant and tolerate extreme temperatures. With satisfactory watering they will produce a healthy amount of fruit. This plant does not like to be water logged. It may take 2 to 3 years before the plant is in full swing and produces an abundance of fruit. When flowering the plant produces a lovely cluster of white flowers which the bees

TUNGKILLO GAZETTE

love also. Berries will need to be netted if you don't wish to share with the local bird life. The ripe fruit is the size of one's thumb nail or smaller, it is a green berry with a reddish tinge forming on the berry. Grows in cluster and ripens around Feb- March. Muntries have a lovely appley cinnamon flavor. A good time to harvest in the Tungkillo area is around mid-March. I usually harvest on Mt Pleasant Show Day.

Fruit can be eaten fresh, dried, or frozen however when removed from freezer will be soft when thawed. Freeze up to 24 months. Freezing for no more than 24 months actually helps retain this super food nutritional values. Berries can be used anywhere that you would use sultanas' examples, sweet pies(apple), chutneys, salads, cakes and sauces. Use instead of sultanas in a rice salad.

Susan Simpson

Rice salad with Muntrie Berries and homemade French dressing

1 cup of rice	4 green onions finely chopped
1 medium capsicum finely chopped	310g can corn, drained
450g can pineapple pieces, drained	1/3 cup of muntrie berries

Cook rice, when rice is cooled down add all ingredients together and mix well

French dressing

1/3 cup veg oil	¼ teaspoon sugar
¾ tbs mustard powder	2tbs white vinegar or lemon juice

Place all ingredients in a jar screw lid and shake



TUNGKILLO GAZETTE



BreastScreen SA
Caring for women
from ocean to outback
Call 13 20 50 | breastscreen.sa.gov.au

BreastScreen SA's Mobile Screening Unit is visiting
Tea Tree Gully, from early June to late August 2023

We're inviting all women aged over 40, especially 50 to 74 years, to come along for their 2-yearly screening mammogram (breast X-ray).

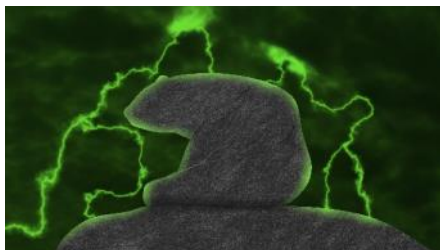
- > It's FREE
- > It's quick – it can take as little as 10 minutes
- > You can make a booking with a friend, family member or group
- > It's the best way of detecting breast cancer early (before symptoms start to show), giving you a greater chance of successful treatment.

Call us on 13 20 50 to make your appointment or to find out more.

You'll find us in the western car park of
 Turramurra Recreation Centre
 1000 Lower North East Road, Highbury

 **Breast Screen SA**  **Government of South Australia**
 SA Health

Bear Rock Electrical



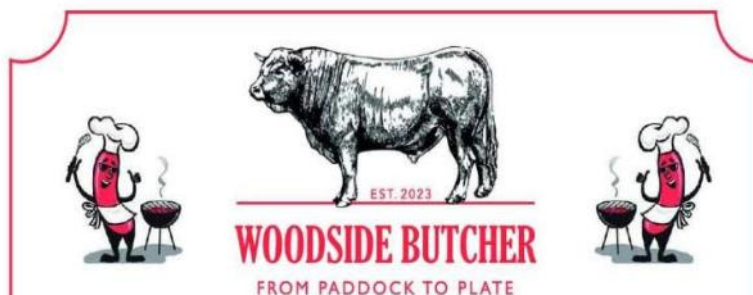
- Fully qualified and insured Electrical Contractor
- Electrical repairs, additions and alterations
- Testing and Tagging of electrical equipment
- Switchboard inspections and upgrades
- Safety inspections including RCD testing
- Boat and Caravan electrical systems

E-mail: bearrockelectrical@gmail.com

Electrical licence number: PGE 246 111

Call Mark on 0439 872 966

No Job is too small





Amish rag rug making classes

Monday afternoons, Tungkillo hall,
starting in August

\$2 for Hall hire, tuition free

Materials for basic lessons supplied

Ring 0427 605 112 to book in



Live EVERY MOMENT,
Laugh EVERY DAY,
Love BEYOND WORDS.

TUNGKILLO GAZETTE



MOUNT PLEASANT POST OFFICE

57A Melrose street, Mount Pleasant Phone: 85682152
FULL RANGE OF POSTAL SERVICES

- Cards - Gifts - Books - Phone credits - Printer Cartridges -
- Stationary - Darrell Lea Products -
- BANK @ Post - Bill Pay Facilities - CBA Adelaide - Citi Bank - Bendigo -
- Credit Unions Westpac - BankSA - NAB - - Telstra - SA water -
- Council rates - Aust. Tax Payments - Motor Reg - AGL -



South Australian
Country Fire Service

MOUNT PLEASANT COUNTRY FIRE SERVICE

Mount Pleasant CFS is a great community service.
Tungkillo is within their call out zone

They are Recruiting now!

Want to meet new people? Want to learn new skills?
Want to give something back to your community?

Join the Country Fire Service and start helping now!
Mt Pleasant CFS Captain Glynn: 0490 143 514

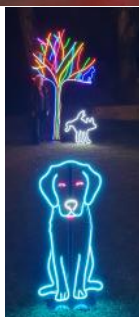


The CFS offers a range of roles including:



ILLUMINATE IN MANNUM

PHOTOS OF THE SOME OF THE LIGHTS SEEN IN MANNUM

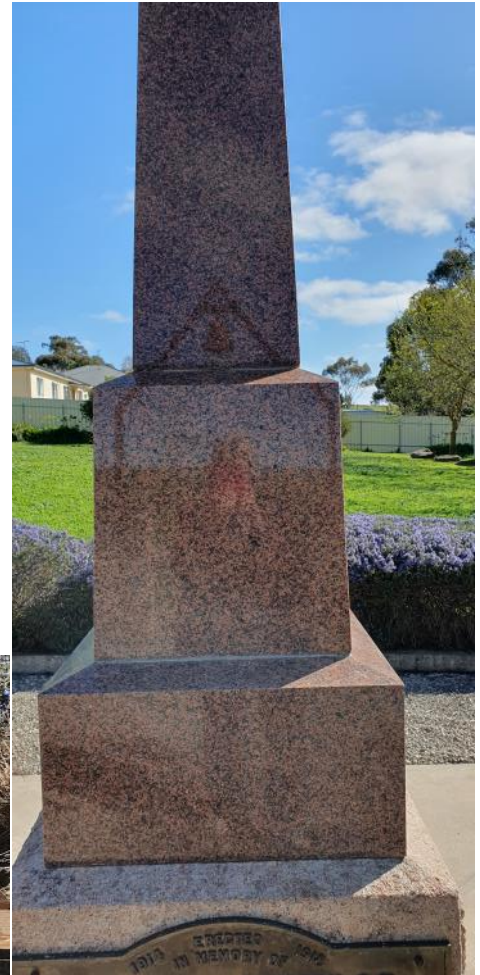


TUNGKILLO GAZETTE

PAVING AND BENCHES in Memorial Park -

The Tungkillo Progress Club Committee would like the community to know that the paving has been completed and looks amazing. Our gardener has also high pressured the benches and granite work to get rid of the moss etc. We may sand the benches back to ensure there are no splinters and also oil to retain the amazing colour.

In the warmer months we will replace the bare areas of the rosemary making this area more inviting for all to sit and ponder.



Free Mosaic Workshop



Would you like to learn how to mosaic or further develop your skills?

Like to participate in a community project?

Kristin Wohlers

Mosaic Artist in Design



Seeds of Hope Suicide Prevention Network in the Barossa are looking for volunteers to take part in their Reflection Sofa Project

The Mt Pleasant Reflection Sofa will be located in Old Talunga Park

If you would like to take part in weekly workshops, learn how to mosaic and participate in the community mosaic please phone or sms 0401966412 for details and to book your place.

Workshops will be held weekly beginning 26th July at 1pm

Recreate Community Centre 132 Melrose St Mt Pleasant



COMMUNITY PAGE

Pure essential peppermint oil is amazing !!!!

Historical Uses

For centuries, peppermint has been used to soothe digestive difficulties, freshen breath, and relieve colic, gas, headaches, heartburn, indigestion and many other ailments.

I personally love using it in cooking.
Culinary Essential oils only.

Just one drop into the icing on a chocolate or vanilla cake and the result is yummy.
1 x drop of peppermint into 2 x heaped teaspoons of drinking chocolate topped with Hot milk makes a lovely beverage any time of the day or night.


Lastly Pure Peppermint oil is a natural pest repellent to deter rats, mice, spiders, ants and apparently snakes (i might need a bucket load).

Once again only use Pure essential oil
NOT chemical based oils.

Kerry 0439195352

SALA

MT PLEASANT INC. & MT PLEASANT FARMERS MARKET
TOGETHER WITH SOUTH AUSTRALIAN LIVING ARTISTS
PRESENT

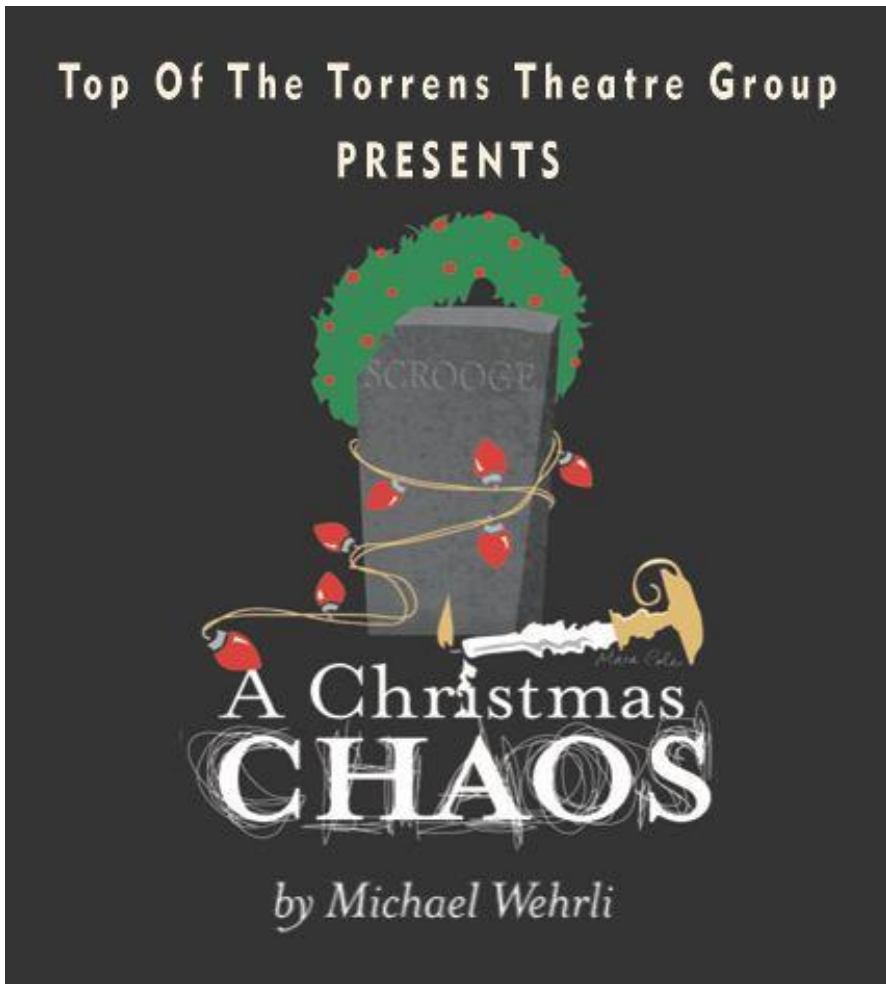


A Country Life

AN EXHIBITION OF ARTWORKS BY LOCAL ARTISTS
JOE DENNIS, LEON HOLMES, SANDRA KEATLEY
AND **HANNAH WALLACE YARROW**

TO BE HELD IN THE WISTERIA ATRIUM, MT PLEASANT SHOW GROUNDS,
SATURDAYS 8AM TO 4 PM and SUNDAYS 10AM TO 4PM
EVERY WEEKEND THROUGHOUT AUGUST, 2023

GOLD COIN DONATION TO
MT PLEASANT INC.



Auditions - 29th August
 1st Rehearsal - 3rd October 7pm
 Shows - 8th, 9th, 10th December

For more information or to book an audition time please contact auditions@tott-tg.com.au

Synopsis:


When The Royal Shakespeare Company doesn't show up to perform their stirring rendition of A Christmas Carol, it's up to this intrepid band of hapless actors and technicians to pull together their own production in less than seven hours! Have you ever experienced backstage mayhem? Well, you haven't seen anything yet! Chaos comes crashing down as two kids start fighting over who gets to play Tiny Tim, a confused actor thinks she is in another show, and another actor tries to play both Bob and Mrs Crachit at the same time. With an out-of-control director, ridiculous scenery, and tons of flubs and confusion, this extremely fast paced, physical comedy proves that sometimes everything that can go wrong will go wrong!

MT PLEASANT FARMERS MARKET PRESENTS

MAKERS on MELROSE


Showgrounds, Melrose Street, Mt. Pleasant SA

Held on the third Saturday of the month
from September to May



Featuring a carefully curated selection of quality, hand made products from South Australian artists & makers

Running alongside our fabulous Farmers Market





Eat, browse, shop and find unique and beautiful hand crafted goods

Dates 2023/24 Season - Time: 8am-12pm

* September 16th 2023	* February 17th 2024
* October 21st 2023	* March 2024 - no market
* November 18th 2023	* April 20th 2024
* December 16th 2023	* May 18th 2024
* January 20th 2024	

Note: No market in March due to Mt. Pleasant Show

  @mountpleasantfarmersmarketau



**SA
SPRING
GARDEN FESTIVAL**

- MOUNT PLEASANT -
23rd September 2023
8am-3pm

PESERVING WITH CASSANDRA



EXPRESSION OF INTEREST

Do you have a glutton of fruit at different times of the year, and don't really know what to do with it all? Would you like to know how to preserve your own produce in a safe way for you and your family and friends to have for many months and possibly years free of chemicals?

The Tungkillo Progress Club Inc. are asking if anyone is interested in attending a workshop in mid-November for a 3-hour session. Classes of 15 people. (Date will be announced soon)

Cost is \$40 including 2x jar of fruit and information that you prepared on the day to take home and become the professional preserver.

Come along and enjoy the experience and knowing that you made the product that you and your family are eating.

If interested please leave a note in your letterbox, contact via email tungkillogazette@gmail.com or telephone one of the committee members on the back of the gazette.

More information to follow in the September gazette.



Congratulations

These local organisations have received a 2023 People of Post Grant, thanks to the nominations made by the team here at **Mt Pleasant LPO**.

- Tungkillo Progress Club
- *BUSH TUCKERS AND RETIREMENT COMMUNITY GARDEN*



Learn more at auspost.com.au/popgrants



WORKING BEE on 9th July 2023

It was a very productive day, and more work was carried out.

Photos attached of where the work was done.



TUNGKILLO GAZETTE

COMMUNITY INFORMATION -

JUSTICE OF THE PEACE

BARRETT, Donald Robert (Mr)	8568 2985	MOUNT PLEASANT, 5235
BROWN, John James (Mr)	8564 1103	EDEN VALLEY, 5235
HENDERSON, Murray (Mr)	0439 385 291	CROMER, 5235
KELLY, Linda Elizabeth (Mrs)	8568 2109	SPRINGTON, 5235
LEAN, David Alexander (Mr)	0400 268 223	MT PLEASANT, 5235
MAY, Rodney Dennis (Mr)	0419682528	MOUNT PLEASANT, 5235
MUELLER, Margaret Ann (Mrs)	8568 2560	MOUNT PLEASANT, 5235
PARHAM, Robert John (Mr)	8568 2860	MOUNT PLEASANT, 5235
SKIPWORTH, Alison Marie (Mrs)	0400889484	MOUNT PLEASANT, 5235
SEAGER, Nicholas Edward Halsall (Mr)	0448 884 721	MOUNT PLEASANT, 5235
TUMBERS, Michael Frederick Hugh (Mr)	0412 240 854	EDEN VALLEY, 5235
TURNER, Lynton Holbrook (Mr)	0438 932 483	MOUNT PLEASANT, 5235

POLICE – MANNUM - ph – 85692211 – General Enquiries

131444 - Assistance

Operating hours – 8.30am to 11.30pm Mon – Sun 7 days a week

MT PLEASANT – ph – 85692023 – General Enquiries

Operating hours – 9am to 12 noon Mon – Fri

Email address www.police.sa.gov.au

LIBRARY – MANNUM – ph – 85692005 – Mannum Community

College Operating hours – 8.30am to 4pm. Mon – Fri

Closed for lunch 12-12.30pm in school holidays.

MT PLEASANT – ph – 83638304 – Operating hours – 9am to 5pm. Mon to Fri Closed for lunch 12.30pm to 1.30pm

PHARMACY – MT PLEASANT – ph 85682095 – Operating hours – 9 am to 5.30pm Mon – Fri. 9am to 12 noon Saturday.

BIRDWOOD – ph 85685644 – Operating hours – 9am to 5.30pm Mon – Fri. 9am to 12 noon Saturday.

DOCTORS – MT PLEASANT AND BIRDWOOD – Talunga Clinic -

85680080 – Mon., Tues., Fri., 8.30am to 5pm. Wed., and Thurs., 8.30am to 8pm. Sat. 8.30am to 1pm.

BIRDWOOD – 85685156 – Tues., Thurs., Fri., 8.45am to 5pm.

TUNGKILLO GAZETTE

Contact Us!

8-10 Brinkworth Road,
Tungkillo 5236

Facebook:
[www.facebook.com/
tungkillocommunity](http://www.facebook.com/tungkillocommunity)

Committee Email
[tungkillohall20021947
@gmail.com](mailto:tungkillohall20021947@gmail.com)

Gazette Email:
tungkillogazette@gmail.com

Subscribe to our Gazette. Online by sending us an email.

TUNGKILLO PROGRESS CLUB INC. COMMITTEE MEMBERS 2022-2023

President	Mandy Lintern	0427 040 965
Vice President	Alan Lintern	0428 508 256
Secretary	Joyleen Burton	0409 067 714
Treasurer	Glenda Rogers	0414 536 561
Council Representative	Victoria Hammond	08 8569 0100
Committee Members		
Malcolm Reynolds	Anne Reynolds	Meredith Baynes
Kerry Leenders	Anne Burgess	Sue Simpson

AUGUST/SEPT, 2023

If you haven't renewed your membership please be advised that you will not be able to vote on future projects, AGM or constitution for the club to help us with the township and surrounds into the future.

You can renew online just send an email or note in letterbox and the details will be given.



	1	2	3	4	5	6
7 TPC INC COMMITTEE MEETING	8	9	10	11	12	13
14	15	16	17 CARD LUNCHEON	18	19 BINGO	20
21	22	23	24	25	26	27
28	29	30	31	1 SEPT	2	3
4 NO COMMITTEE MEETING	5	6	7	8	9	10
11 TPC INC COMMITTEE MEETING	12	13	14	15	16	17

THE TUNGKILLO PROGRESS CLUB INC. GAZETTE DEADLINE UPDATE

Last date for inclusion of items/articles for next gazette 10th of the month

Publishing of Gazette 14th of the month

Distribution of the Gazette 15th of the month