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Reflecting community

The planning phase of a special community-led project in the Barossa region to address the stigma associated with suicide is almost complete as the next step begins on the Reflection Sofa project.

A collaboration between major sponsor Black Dog Ride Australia, Seeds of Hope Suicide Prevention Network and The Barossa Council, it’s hoped the sofas will be a symbol of hope and will help to break down society’s stigma around the topic.

Talented locals have already started on mosaics ready to cover three benches, one destined for Angaston near the Barossa Old Rose Repository, another for Lyndoch’s Village Green and a third over the footbridge behind the Mount Pleasant Soldiers’ Memorial Hall.

All have serene views overlooking water running through nearby creeks which, adds to the sentiment behind the project. People can reflect and connect – that’s the message, You can reflect on how you are feeling, reflect on where you are in the environment and connect with yourself and others.

Susan Raven - Seeds of Hope Suicide Prevention Network
 First Mt Pleasant Workshop

The first workshop of the Mt Pleasant Reflection Bench, led by Kristin Wohlers, Mosaic Artist took place on the 26th July. Recreate kindly lent us space in their workshop, which meant that the project could be worked on until completion, and our grateful thanks go to Bec, her Management Committee and the wonderful Volunteers – especially Jayden who was on hand to help us set up. It was a fantastic turn out with many more than we were expecting. The pictures don’t show all the people who came to help, and some were unable to make it on the day, but will come along for future workshops.



Some of the group who started the process - Left to right: Jan Broughton, Susan Raven (Seeds of Hope Suicide Prevention Group), John Bowd (Mt Pleasant Progress Association), Mandy Place, Ann Wilde, Norma Bulmer, Virginia Carnell (Friends of the Mt Pleasant Hospital), Kristin Wohlers and Brenda Black.

Kristin Wohlers, renowned Mosaic Artist has been employed by Seeds of Hope to help us on this journey, and her expertise is evident in the confident way she has guided us through the design process, and worked with complete novices to make sure we can do a half reasonable job. (I have to say I was worse than useless, and my apologies to Virginia who stoically supported me as I messed up our bit!)



Be kind

At the heart of Australia’s culture are values of respect and fairness.

Despite this, one in five Australians experience major discrimination based on their age, gender identity, sexual orientation, religion, ability or origin. As a country, we scored 61 out of 100 in the Inclusive Australia Community Index. It’s time to start turning things around. It happens here – if you see it, hear it, experience it – **Call It Out.**

mp beat

Kristin had drawn the design on a backing, then a mesh was put over the top. The drawing can be easily seen underneath, and the mosaic pieces are then stuck to the mesh. Almost all of the participants had had no experience of this type of art, and there were varying degrees of success! The workshops will continue for 12 weeks - or less if the artwork is completed earlier. We are thankful to Recreate for allowing us workshop space, and urge people to visit during August, as this place is also the venue for their SALA exhibition.



Heads Down! - Left to right: Virginia Carnell, Kristin Wohlers, Ann Wilde, Norma Bulmer, Susan Raven, Brenda Black and Jan Broughton.

Around the town

Mt Pleasant Library news

Goodbye to Julie

To those of us who frequented the library, Julie has been a lynch pin for us. She's kind, courteous, helpful and knows heaps - or she knows who does! So, it was with sadness we read the post on Facebook:



To all of my lovely library customers at Mount Pleasant. Thank you so much for your friendship and support over my 18 years of serving the community and being part of so many lives. It has been a privilege to share the joy, sadness, triumphs and changes as we all navigate our journey.

I will no longer be in the library, but hope to be volunteering at Recreate in the future.

August, 2023

Please feel free to get in touch if you ever want a chat. Take Care, Julie Bruno.

Deb is still around - and provides the same wonderful service, but one half of the dynamic duo has gone.

History



Trove's digitised newspapers are a great way to discover information about Australian families. Search for hidden gems to add to your family stories in a small group setting.

Wednesday, 10am-11am 9 August

Mount Pleasant Library

Bring your charged device (laptop/tablet)

Books essential through:

<https://www.barossa.sa.gov.au/comm.../events/upcoming-events>

Don't forget the History Room - with Historian Paula Bartsch - is open every Thursday afternoon from 1 to 4. The History Room is situated across the road from the Library in the Soldiers' Memorial Hall.

Rositano theft

Someone vandalised Rick and Tanya's roadside stall on the evening of Monday 31st, they breaking off the honesty box and taking that, as well as taking all the veggies that were there.

Sorry to all our valued customers until we make other arrangements to get the stall up and running again

If you know of anything or saw anything suspicious on Tapscott's Road, please call the police on 131 444.



Pantry donations

Don't forget there are baskets located in the Mt Pleasant Bakery and the Post Office. Anything donated goes to people in our district who need help. Supported by St John's, SACWA Mt Pleasant, Red Cross Mt Pleasant, Friends of the Hospital, RSL, Men's Shed, etc.



Bowling Gumeracha over – again!

Mt Pleasant Carpet Bowls Team (The Sulphur Crests) is on a roll – beating Gumeracha again! Pictured below are the victorious team members.



Left to right Brian Pym, Nancy Toogood and Sid Starick. Front left to right Hazel Meiglich Margaret Goodall, Barb Starick

Tour Downunder 2024



The 2024 Santos Tour Down Under is returning to the Barossa for two official stages. The event will take place in Adelaide and regional South

Australia, from January 12 to January 21 – and it will feature nine days of elite racing for men and women and two days in the Barossa region.

Tanunda will be the venue for the Ziptrak Men's Stage 1 from Tanunda to Tanunda which features three local loops. The Men's Stage 3 race riders will tackle Lyndoch, Williamstown and Sandy Creek in the south as well as Mount Pleasant and Springton.

As Mt Pleasant will see a section of the race, I wonder if there are any groups or individuals who would like to get the ball rolling and encourage the community to get into the spirit of the race?



Jigsaws are just the thing for these cold, wet days, and there are some very enthusiastic puzzlers about. Many thanks to those who have donated puzzles. Pictured below is Nancy Toogood with her latest effort.

Lee's

Getting closer! The showroom is starting to fill, and the workshop has had a paint job.



TOTT celebrates 25 years

Review from TASA:

TASA Review for TOTT's 25yr Celebration below: From the venue – the Mount Pleasant Soldiers Memorial Hall – to the bottomless tea and coffee service, the attractive display of memorabilia and the half-time raffles and silent auctions, this old-style variety show was a splendid illustration of the worth and work of a community theatre group.

And then there was the show itself. The audience was well entertained by the presentation of songs and skits from the group's 25 years' worth of productions. In that time, they have performed fifty shows, many of them presented, as this one was, in dinner theatre form.

Director Gordon Combes and MD Heath Gladigau devised the programme thoughtfully, and had its elements linked by a fetching narration. Steve Farrer was a wonderfully understated narrator, relating a number of historical and amusing incidents from the group's past, and delivering his lines with authenticity and the authority of having been there for all of the events.

The cast represented a balance of experience, even including some who had been in the group's first production. The big ensemble songs were well coordinated and were full of life and enthusiasm. Good examples were Do You Hear The People Sing, Hooked On A Feeling and In The Navy, all well led by the strong baritone of Heath Gladigau. Some small ensemble songs of particular note were the quintet singing Chattanooga Cho Choo and the sextet singing Men In Tights. Solo voices were well showcased, too. Eden Lane was especially impressive. She was strong, clear and expressive in My Favourite Things, Kate Farrer was entertaining and powerful in Old Maid In A Garret and Gwendolyn Van Zwol combined apparent Celtic naivete and sweetness with the grimness of the text in Rickety Tickety Tin.

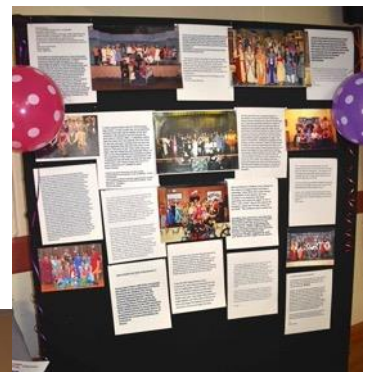
TOTT stalwart Kate Farrer had directed the skits which were interspersed with the songs. They effectively illustrated the variety of works that the group has performed over time. Of them Tim Lane's recitation Colorectal Surgeon drew lots of laughs from the audience as did the small group sketch Portia's B&B.

Top Of The Torrens Theatre Group have thrived since their inception. That's a credit to a series of committed individuals over the years. All power to them for powering on in this way. Long may they continue.



Some pics from the performance. Top photo of the cast supplied by TOTT.

Sadly, most of my photos turned out terrible – I have to work on that before the next production! See the details in the TOTT write up in the Clubs and Committees section.



Colleen and Les – Educating Astrid

During June, Colleen and Les Modra visited the SACWA branch and spoke to us about their work with 'assistance dogs'. Previously, training dogs to help had been almost exclusively for those with little or no sight, but time and experience have shown that these remarkable creatures are able to help people in so many more ways. They now work under the banner of 'See Differently – Assistance Dogs'

About ten years ago, Les and Colleen came into contact with Merrawyn Williams (who some might remember owned Williams' of Lobethal), who had been training dogs for some time. Impressed with what she was doing, they decided to apply to help. Their first dog, Heidi, became a guide dog for a mature-age law student. Heidi was so smart she soon found him shortcuts around the Uni campus. Their next dog, Erin, was withdrawn from advanced training because of indiscision about how to go around an obstacle and became a "forever dog" for a family that lived near the beach. Then came Rusty who became a guide dog for a gentleman that was totally blind and profoundly deaf. Then was Reggie who was special and so was chosen by the RSB to be one of their breeding dogs. After two litters (10 and 9 pups) she retired and became Les and Colleen's much loved "forever dog". Reggie was hugely popular at the Farmers Market and wider community, who were all very upset when Reggie died from poisoning last year, a senseless act. At this time Les and Colleen also had a 1 year old retriever, Remi, who could no longer stay because of the poisoning. Remi became an assistance dog to a very withdrawn autistic teenager, and has helped wonderfully. Their current dog is Astrid. Les and Colleen are called Puppy Educators.

Working dogs not only work with people who are unsighted, but it has been found that children with Autism respond extremely well to having an assistance dog, and those with Post Traumatic Stress Disorder (PTSD), can also benefit greatly. Dogs are often able to provide comfort when they sense their person is starting to experience stress or help avoid something that may cause distress.



Les and Colleen with Astrid in June.

August, 2023



Above: Les and Colleen with Heather Reekes-Parsons, President SACWA Mt Pleasant, and below Astrid pictured with Colleen at the Market in July.

These dogs are also used for Search and Rescue and for those who have hearing issues. They are also amazingly able to detect early signs of cancer.

When a dog is working, they will wear a special vest and or harness, and should not be distracted. If you see a person with an assistance dog, please talk to the person and don't interact with the dog. Dogs learn to walk on a lead, toilet on command and have a working life of around 8-10 years. Once they have completed 'work' they are usually kept by their families, and then become a pet for the last few years of their lives. It costs around \$30,000 to breed and train a dog, and care is taken to ensure a diverse gene pool.

Dogs are with their initial Puppy Educator for 18 months, but this depends upon the animal. Then they enter 6 months of specialised training, as guide, PTSD or autism dog. Some dogs may change to another career with a different organisation such as a hearing dog. Some dogs may be withdrawn if not suited to a career, and these are rehomed with the public, and there is a long waiting list.

The RSB pays for all food and veterinary costs while in training, with the Puppy Educators being required to take dogs to training sessions about twice a month. If you think you have what it takes to be a Puppy Educator, have a chat with Colleen and Les at the next Market?



Pleasant History

History Room

The weather is actually perfect for doing research and trying to get on top of digitising and collating the collection.

We've had some very interesting visitors lately, a few who have moved to town and some researching their families.

Currently we are also working on updating the Walking Guide, and perhaps finding a way to put the information online and make it even more accessible.

Like to volunteer?

Paula is our resident Historian and Fran, Cheryl and Sue help when they can -Margaret Parker has been on the sick list but manages to pop in occasionally for a catch-up. Having locals around for people to have a chat with is very useful, as we've often learned things we didn't know!

The History Room is located in the Soldier's Memorial Hall (opposite the Library) and is open every Thursday between 1pm and 4pm. We stock a range of brochures on local landmarks and towns, and are happy to help where we can.

We would welcome some new volunteers – you don't need any experience, just a willingness to help.

Paula Bartsch – Historian



History Room
 Open every Thursday
 From 1pm to 4pm
 Soldiers' Memorial Hall



Mount Pleasant District Historical Research Group

Totty Tales

Latest renos



Work continues on the old Ladies' Lounge, with the bench seating nearing completion and the wall panelling being installed.

A cosy corner is also being created near the fireplace in the Front Bar.

Neil and Stef



You can keep up to date with the latest on the I CAN'T WAIT FOR THE TOTNES INN TO OPEN Facebook page.

Pete's Poems

Boots



I own a pair of lace-up boots,
I wear them all the time,
My wife won't have them in the house,
But I think they're sublime!

When working in the garden,
They sure have what it takes,
They keep out grass seeds, mud and stones,
And save me from the snakes.

I had a set of elastic sides,
I used to wear a lot,
They were good, (no laces, see),
When I had lost the plot.

But the lace-ups must obey house rules,
And have to sleep out-side,
Or else I'll have to choose between
Them and my loving bride.

I do get even, late at night,
When "Good-nights" have all been said,
I sneak out, scoop my lace-ups in,
And tuck 'em under my bed!

The You Beaut Cute Ute

Just lately I've gained the use of a ute,
Like me it's quite old, but undeniably cute.
It's kind of on loan from my very good mate,
Not one of its panels is unmarked or straight.
Ev'ry one knows it, when they see it around,
It's blue, and it sits rather close to the ground.
I use it for work, and for pulling the chicks,
'Cause it's real cheap to run, and easy to fix.
My mate's in denial, now the ute's in my shed,
He wakes in the small hours, and turns in his bed,
He talks in his sleep, and groans in despair,
He's losing his marbles, and losing his hair.
I'm worried he's having some sad second thoughts,
He's twitchy, and nervous, and quite out of sorts,
So think, 'Best be wary', that has to be said,
And I'm changing the locks on The You Beaut Ute's shed.

Peter the Peripatetic poet



Cartoon: Ron Atkinson



Recreate Fringe Caravan update

We now have the caravan on site at Recreate and it fits under the carport roof! Once SALA is up and running, we'll start work on it.

We're still taking donations for much needed funding for this ex-Fringe caravan, so if you can spare a few \$ or know of a business which may like to sponsor Recreate and the Mount Pleasant Natural Resource Centre caravan, please get in touch! Donations may be made online via the "go fund me" page or in shoppe at Recreate.



Volunteers make the world go round

And we could not agree more! Without our amazing volunteers and all their unique skill sets we're not sure where we'd be right now...

Being a volunteer has LOTS of benefits.

Did you know that it can bring meaning and purpose to your life, while increasing your self-esteem and wellbeing? Volunteering can also relieve stress, and alleviate symptoms of depression. As well as having a positive impact on your community, the RECREATE community; volunteering can improve your relationships and grow friendships

WE ARE ALWAYS ON THE LOOKOUT FOR VOLUNTEERS OF ALL AGES WITH ALL KINDS OF SKILL SETS. No matter what your skills and experience, we are positive we can find something for you to do at Recreate!

Pictured above is the new paint job on the verandah, and below is the redesigned Craft area (the craft supplies are now in the workshop), which houses clothing and homewares, amongst other things!



August, 2023

As a volunteer you would need to be available at least once a month, be willing to take direction and communicate with others, and be willing to undergo a police check. (Standard procedure for any volunteering position).

Does this sound like something you'd like to do?!

If so, please drop into RECREATE for a chat (Wednesday - Saturday 10am 'til 3pm)

If you have a friend or family member that you think may benefit from volunteering at Recreate, PLEASE forward this information onto them.

Bec Lane – Coordinator

Workshops



Bec Lane and I have just helped about a dozen children and their parents or grandparents to build PET bottle and coffee cup wind machines and devices in 2 workshops, conducted by me during July 2023. I created this workshop for the Flinders Island Wind Festival 2000, which later inspired a science teacher to make it a part of CSIRO's Double Helix Club for school children (in Tasmania) who were interested in science. Many with various interests went on to find scientific employment later in life.

Ray Thomas

SALA

Some of our volunteers were working hard in the lead up to SALA. As we have been undertaking a major re-vamp of the workshop, and the Reflection Bench is being worked on in the space, it has been an 'all hands-on deck' situation, but we will have some great art for you to see and perhaps buy.

- See info about Recreate and SALA in the events section

Pictured below are volunteers getting the artwork ready for display.



GAWLER REPAIR CAFE



Gawler Repair Café

- Date: Sat 19 August 2023
- Time: 9.30am-12.00pm
- Location: Evanston Gardens Community Centre, 65 Angle Vale Rd, Evanston Gardens
- Bookings: No bookings required, just drop in

Repair Cafes provide a free meeting space where community members can work with skilled volunteers to repair items that would otherwise go to waste. Our volunteers have skills in mending (clothing & textiles), electrical repairs (small appliances), costume jewellery repairs, general repairs (mechanical/woodwork) and simple bike repairs. Services are provided free of charge but customers can choose to make a small donation to support the service if they wish. Most attendees get to see a repairer straight away but coffee, tea and cake are provided to keep you occupied if you do need to wait.

How it all Works

– The repair café philosophy is to teach people how to undertake the repair themselves if possible. For that reason we ask that attendees sit with the repairer while the repair is taking place, so they can observe the process and have a go at it themselves.

– All repairs are conducted at the discretion of the repairer; if the repairer isn't comfortable with conducting the repair, it won't be undertaken. Items must be in a clean condition for repairers to examine them, textile items must be washed before you bring them in.

– There are some items it isn't possible to repair at the café e.g. microwave ovens and TVs retain charge and it is dangerous to attempt to repair them. Anything containing dangerous substances such as asbestos and lead is also out. We are unable to do repairs that require larger "shed" type equipment e.g. welding. And some items are too tricky to take apart and put back together again, like toasters, sound systems, and of course computers.

– Repairers will fix one item per attendee. If there is time, they may be able to look at a second item for you, but this will depend on whether others are waiting.

– For clothing and textiles we do mending/repairs not alterations. E.g. we can help you darn a hole in a jumper, or repair a rip in a pair of trousers. If you have items of clothing

that need to be taken up or in, that is a job for a professional alterations service. We are also unable to make items of clothing.

– Our repairers are skilled volunteers. They will try their best to fix your item but there are no guarantees.

If you would like any further information, or if you are interested in becoming a Repair Café volunteer, please contact GEC Coordinator Kathy on 0413 694 477 or coordinator@gawlerenvironmentcentre.org.au



Marketing

SA Spring Garden Festival workshops

The SA Spring Garden Festival is coming up on Saturday 23rd September, and we've got some fun workshops on the day just for you! You can learn how to build your own mini world in a terrarium, or put on a beekeeping outfit and have a live beekeeping experience with an expert Beekeeper, or you can learn to make your own beeswax wraps.

Go to the link below to check out our workshop details, and to book your spot (if booking a workshop, you'll also need to buy an entry ticket to the festival).

<https://www.saspringgardenfestival.com.au/workshops>

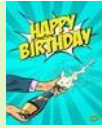


Recreate SALA Lunch

SATURDAY, 5TH
FROM 3 TO 5PM

Workshop Shed,
Phillis Street, Mount Pleasant

DRINKS AND NIBBLES



Happy Birthday!



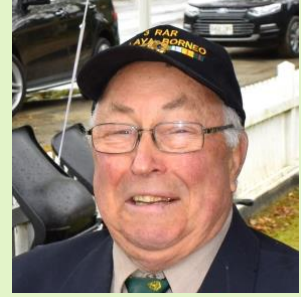
Dave Mac



Jan Broughton



Les Fisher



Sue Streich



Jan Bransbury



Gareth Saunders



Graham Vivian



John Cussadia



George Anne Kaines



Do you know of any special days coming up? Please let us know so we may spread the love!

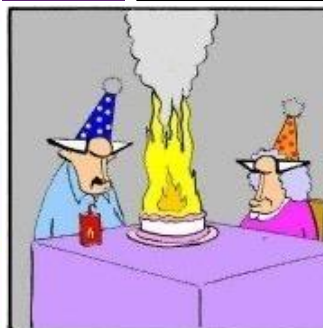


Foodbank wants the federal government to adopt a policy already in place in countries such as the United States, Canada and France which provides tax breaks to companies that donate their surplus food. We think wasting food is abhorrent – perhaps speaking to parliamentarians might help!

Come on. Make a wish and blow out the candles already.



"I'm going to close my eyes and count to three. When I open them, ten of those candles better be gone."



"There was no way I could fit that many candles on the cake, so I just set it on fire."



Clubs & Committees

CFS



Comedy Night returns!

Back for our 8th year to help you forget all your woes, and raise valuable \$\$\$ for your local brigade.

4 of Adelaide's Top Award-Winning Comics:

Steve Sheehan, Pete Monaghan, Delhi Buoy and Kehau Jackson! **RATED 15+ (STRONGLANGUAGE)

Saturday 7th October, 2023 in Mt Pleasant Soldiers' Memorial Hall.

Doors open: 7 PM (see events page for poster)

Tickets: \$30 per person (tables of 8) online at ticketebo.com.au/mtpleasantcfs

Or from Mt Pleasant Post Office (CASH ONLY)

BYO Drinks & Nibbles & Coins.

Great Raffle Prizes and special Prizes.

Incidents

9 July: Mount Pleasant CFS brigade members were on the scene of a rock slide on Terlinga Road heading towards Mount Torrens about 5kms after Harrogate Road. The crew performed traffic control past the slide while awaiting the Adelaide Hills Council front end loader to completely make the road safe.



8 July: Approximately 1130pm the brigade was called out to a tree down that had fallen across Cricks Mill Road blocking 3/4 of the road.



Despite the High winds and intermittent rain, Dan (the Man) Mamerow, Peter (Penguin) Phaup and David Forg, were able to clean up the fallen tree within 30 mins. They were capably supervised by Glynn (Capt) Jackson

whilst Raelene (Raels) Mueller sat in the warmth at the station manning the base radio. Thanks to all for climbing out of bed to cover this incident.



Training

5 July: For something different, training involved Live Fire and the use of Extinguishers. We also incorporated the experience of using our new Structural fire Thermal Imaging Camera. (Image courtesy of Matt Kazla, our Brigade Training Officer.)

Awards night

4 July: Region 2 held a National Medal (NM), National Emergency Medal (NEM), 30yr 40yr and 50yr Service Awards ceremony at Starplex in Gawler. Our Barossa area

was well represented with the following members receiving awards from Cameron Devy, SA CFS Assistant Chief Officer. 30year Service awards to William Pocock of Mt Pleasant CFS An amazing 50years of service award went to John Shearer of Springton CFS.

Glynn Jackson of Mount Pleasant CFS received the NM.



(Pictured above are William Pocock left, and Glynn Jackson right) Congratulations and much appreciation from your Barossa Group communities to all recipients. Pics courtesy SACFS.

FFU

Take advantage of the SA Government's Farm Firefighting Grant of up to \$3000! Be quick, applications close on August 4th!

This grant is available for equipment for your Farm Fire Unit such as hoses, pumps, protective clothing and any other equipment that may be required.

Please make application as directed on the flyer. You can contact our Brigade FFU Officer - Danny Pauley on 0447 972 050 for further details or information.

Recruiting

If you have boys or girls between the ages of 11 & 16 years of age who would like to experience the cadet trainings and prepare them for serving their community, please contact our brigade and we can arrange for them to come along and see a training evening.



Glynn Jackson – Captain

MT PLEASANT
BRIGADE

ANNUAL GENERAL MEETING

9 AUGUST, 2023

Time: 7pm

Location: Talunga Pavilion

Facebook:

mt pleasant cfs

ALL WELCOME!

mp beat

Friends of the Mount Pleasant Hospital



Meeting News

Our AGM will be held on 8th August at 10am in the Hospital meeting room.

We welcome anyone who would love to come and see how we work together to assist the hospital and make lives easier for the patients and residents. We are a very small group and it's becoming more and more difficult to maintain our usual fundraising efforts – such as the Farmer's Market Gate and having stalls at the many local events over the year. We would like to provide a stall at the SA Spring Garden Festival – think about donating either goods or your time to help us. Please consider helping us by volunteering.

New members

We welcome anyone who would like to come and see how we work together for the benefit of the Mount Pleasant Hospital, and the Aged Care facility, and perhaps join us. We have raised large amounts of money over the years for our hospital, and are keen to see it remain and flourish. If you are interested, please contact Virginia Carnell on 0400275602.

Next meeting:

Our next meeting is the AGM - 10am, 8th August at the MP Hospital Meeting Room.

Kath Fisher – Publicity Officer



Men's Shedding

What's up?

Work continues on the new metalworking shed and we plan to have the grand opening in October.

We are also continuing our engagement with students from the MP Primary School – more next month.

Women's Workshops

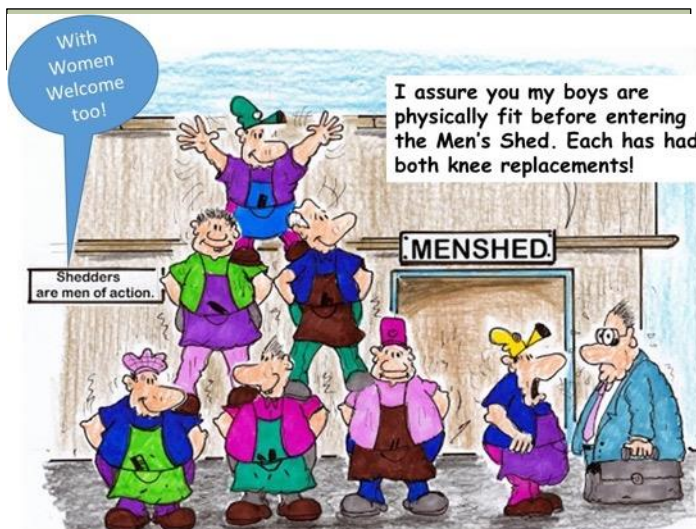
The next Women's only woodwork session is on Wednesday the 5th July. If you have a project you are working on and need some guidance, or even if you want to try something new, come along and take advantage of the blokes' expertise and willingness to lend a hand. We've had up to 11 women in a session.

Next Meeting

2nd August at 9.30am.



Gareth Saunders – Secretary: 0430 026 993



MP Community Association Inc

Meeting news

The next ordinary meeting will be held after the AGM. There will be a couple of items to discuss, but it shouldn't take long.

New members

If you'd like to be a part of the Community Association, please contact Paula at the History Room on Thursdays. We have lots of plans and would welcome your input.

Paula Bartsch – Chair



ANNUAL GENERAL MEETING

MONDAY 21st AUGUST 2023

Soldiers' Memorial Hall

at the History Room

7.30pm

The Community Association is responsible for the History Room, Australia Day Breakfast and Street Party

If you would like to find out more or be involved in any of these please come along and find out how we did in 2022.

ALL WELCOME

MP Progress Ass'n Inc

Meeting held on Tuesday 11th July at 7pm in the Men's Shed.



- The Caravan Park opening has been scheduled for August 12th. Platforms with handrailing will be constructed to each of the four relocated cabins as part of the project. The Progress Association will coordinate the installation of verandahs to protect the doors in the coming months.
- A community member has suggested that the old cabins be named, using the Rex Amber animals' names. It was agreed that this was a good idea, but that the names and any artwork be placed on a separate board/ plate so that they could be removed when the Cabins external walls are updated.
- The Rex Amber whale is nearly completed and will be put back next week.
- There is no extra money this financial year for a new brochure, but work will be done ready for next financial year.
- We are waiting for a response about grant funding for the SM Hall stage curtains.
- The SM Hall dressing room costings have been sent through to a possible donor.
- It was agreed that small plaques will be placed to indicate projects undertaken or auspiced by the Progress Association so that the community is made aware of our efforts.

mp beat

- The Community Dinner will be held on Sunday 30th July.
- The Fleece and Fibre Fair will be held on Sunday 13th August.
- Tour Down under stage 3 will be through Mt Pleasant with a sprint, on the 18th of January.

The next meeting will be held on Tuesday 8th August 2023

Wendy Harvey for MP Progress Inc.

Red Cross Branch News

Winter is keeping people home and indoors, but the celebrations of our branch's 84th birthday is upon us. On 24th August, Kylie Callaghan from Red Cross HQ will visit during our branch meeting to chat with members and speak about Red Cross projects and answer any questions members may have.

Annual Cambrai Op Shop visit & Christmas

Another visit to the Cambrai Op Shop is being planned, where we will browse, chat with the people who run the Op Shop and share morning tea with them. We will then go to the palmer hotel for Christmas lunch.

Community Pantry

The Community Pantry still needs donations of non-perishable goods, and we are asking people not to forget our furry and feathered friends and maybe add some bird seed or pet food to your gift.

SA Spring Garden Festival

We have decided to again hold a stall at this on the 23rd September. Watch out for it!

New Members

Come and join our branch. We welcome new members at any time – please contact our Secretary Kath on 0437 195 597, if you'd like to know more.

We have bi-monthly meetings on the fourth Tuesday of the month, and our next one is at 1.30pm, 22nd August at the Hall.

Kath Fisher – Secretary

RSL Report

Sunday July 16th Mount Pleasant RSL Bi Monthly meeting had reduced numbers due to ill health and members travelling.

At the end of the meeting, it was most welcoming to have served the choice of two nourishing soups and homemade bread. Thanks to those who made this happen.

It was a big thank you to Vice President Dennis Rockley for his efforts in obtaining two grants from Department of Veterans Affairs and Defence SA for the purchase and installation costs for Memorial Plaques to be mounted on large Moss Rocks in the front garden of Mount Pleasant RSL Sub Branch.

John Bowd has drawn up the plans and specifications to suit The Barossa Council. The sub branch is grateful for his kind donation of the rocks.

One plaque will commemorate the 50th Anniversary of the end of the war in Vietnam war which saw the loss of Army: 478 and 3025 wounded, RAN 8 dead 48 wounded, and RAAF 14 dead 56 wounded. (Source: awm.gov.au)

To commemorate this event, the Mount Pleasant RSL Sub Branch will host a luncheon and will view the Service from The National War Memorial in Canberra on our large TV.



Members of the public are welcome to attend from 10.30 hrs at the RSL Sub Branch at 156 Melrose Street Mount Pleasant on Friday August 18th.

The Mount Pleasant R.S.L. located at 156 Melrose Street will be holding a Commemorative Service on 18th August 2023 commencing at 10.30am. This will be followed by watching the Service from the National War Memorial, Canberra on our new television.

A Lunch, Cake, Tea and Coffee will be served

All members of the public are invited to attend and help us to acknowledge the 523 lost and over 3,000 Australians wounded.

Please contact Dennis Rockley, Vice President on 0431731403 for further information if required.

A special invitation is extended to Vietnam Veterans. We would love to have you there.

The second plaque will be located on a rock next to the Simpson Pony display and will commemorate those who served and lost their lives in the war to end all wars. WW1 On Sunday September 17th at 4 pm, the sub branch will conduct their AGM where all positions are declared vacant. Further information and notices will be available in early September.

Some of the members have been unwell, or have undergone successful surgery recently. We are happy to report they are now fully recovered, and are grateful for cards and flowers received from RSL members.

New members welcome

The Mount Pleasant RSL welcomes all new members as either Affiliates or Service members. Having a Military background is not necessary, contact President Walter Birch on 0428 854 886, or Vice President Dennis Rockley on 0431 731 403.

Roger Benton

INFORMATION FOR CUSTOMERS

Australian Government Mobile Service Centre

Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Staff can provide you with information and support. They can also help you create a myGov account. myGov is a simple and secure way to access government services online.

Monday, 7 August 2023

10 am to 4 pm

Near the Soldiers Memorial Hall, Melrose Street

MOUNT PLEASANT

For more information, go to servicesaustralia.gov.au/mobileoffice




SACWA

Meeting news

Our AGM was held on Tuesday 4th July after our Coffee, Craft and Chat (pictured bottom). Always a great morning, with friendly chats and sometimes craft! As per usual, the AGM was preceded by a lunch of hot soup and crusty rolls (pictured below) – thank you to all the members who made the soup.

Sue Barrett was asked to chair the meeting for the election of officers, and the results are as follows:

President: Heather Reekes-Parsons

Vice President: Jan Bransbury

Secretary: Kath Fisher

Treasurer: Paula Bartsch

Birthday Steward: Merry Schaeffer

Competition: Claire Simounds

Handicrafts: Jan Bransbury

Floriculture: Jan Gardner

Committee members: Jean McQueen, Claire Simounds, Joyce Stokes

At the conclusion, Sue was thanked for chairing the meeting, and we continued with a general meeting.



Left: a selection of crafts members have been working on, and above right: enjoying the soup!



Reflection Bench

At last, it looks like the start of the Reflection Bench project is imminent, with the first workshop scheduled for 26th July in the Recreate workshop. We are really excited that this is finally happening and hope that the community continue to support it and come along to help add their contribution to the mosaic. It is truly a community project and we welcome and individuals or organisations who would like to be involved. Once we have finished the bench and it is placed in Old Talunga Park, there will be landscaping to do, and it is hoped that this will enhance the space.

Hills and Murray Group AGM

On the 14th August we will be hosting the Hills and Murray Group AGM and Exhibition of crafts. It will be a busy day with morning tea, AGM, lunch and a workshop. Once again – as the weather is still cool – we'll be cooking up a selection of hearty soups to go with crusty loaves, which will balance out the tea and cakes we will have for morning tea! Lorraine will demonstrate some simple techniques in cake decorating cupcakes for the group, and we'll be able to take them home afterwards. Unlike previously, that day will not be so much about competition, but more 'show and tell' with a table full of UFO's to provide some light relief. (For the uninitiated, UFO's are Un Finished Objects!). There will be a prize for the most interesting.

Royal Show

Several of our members have again volunteered to work at the Royal Show in the Country Café – look for them there!

SA Spring Garden Festival

We will again have a stall at the festival – selling cakes, slices, biscuits, crafts (hats, aprons, etc), plus plants.

Community Pantry

We continue to ask for donations to the Community Pantry – as the demand is only increasing. Non-Perishables are the preferred option, and we are also asking people to perhaps donate pet food, as our beloved family companions are often overlooked when times are tough. We thank all those wonderful community members who have already donated, and thank you also to the Post Office and Mt Pleasant Bakery for hosting collection points.

New Memberships

If you are interested in joining this wonderful association, call branch President Heather Reekes-Parsons, on 85682084.

Next meeting

Next CC & C and Meeting

Coffee, Craft and Chat will be on 5th September from 10 to 12, with the ordinary meeting following at 1pm.

Kath Fisher - Secretary SACWA



Top of the Torrens Theatre Group

After a fantastic 25yr Celebration show earlier this month TOTT are now looking forward to the next production - A Christmas Chaos!

We would love to see anyone interested in being involved with the show at the read through on the 8th of August at 7pm at the TOTT club rooms on Pentelows Rd, Mt Pleasant. A Christmas themed light supper will be provided by the TOTT committee, festive hats are encouraged!

'A Christmas Chaos' - by Michael Wehrli

A satire of theatrical backstage mayhem and Charles Dickens' 'A Christmas Carol'

Synopsis: When The Royal Shakespeare Company doesn't show up to perform their stirring rendition of 'A Christmas Carol', it's up to this intrepid band of hapless actors and technicians to pull together their own production in less than seven hours! Have you ever experienced backstage mayhem? Well, you haven't seen anything yet! Chaos comes crashing down as two kids start fighting over who gets to play Tiny Tim, a confused actor thinks she is in another show, and another actor tries to play both Bob and Mrs Cratchit at the same time. With an out-of-control director, ridiculous scenery, and tons of flubs and confusion, this extremely fast paced, physical comedy proves that sometimes everything that can go wrong will go wrong!

Script read through - Tuesday 8th of August at 7pm

Auditions - Tuesday 29th August at 7pm

First rehearsal - Tuesday 3rd October 7pm - 9:30pm

Performance dates - Friday 8th, Saturday 9th & Sunday 10th December 2023

Flexible cast of 16: Three Men, Four Women, One Youth



Lobethal Poultry Annual Show

Thank you to everyone who supported our annual show on the 1st July. Our judges, Frank and Roger, for coming all the way from Ballarat and Mildura. Our bird stewards Bronwyn and Glen Loffler, our stewards, Kevin, David, James and Sam. Penny, Bronwyn and Verity for catering. Rex and Dianne for doing the paperwork. Kevin for cleaning up the cages. Mel for photography and Mike for organising ribbons and trophies. Thank you for the support of our sponsors.



Congratulations to all the winners and thank you to the exhibitors for supporting our show.

Di Formby and Rex Liebelt

It might have been a chilly day, but the barby was warm and the competition was hot. Pictured from top: former Barossa Councillor Carla Wiese-Smith with son Oskar, Di Formby and Rex Liebelt sorting out the entries, Norm Formby with the selections of ribbons up for grabs, and competitors and guests utilising the heater near the barby.



NEXT PRODUCTION:

A Christmas Chaos

When The Royal Shakespeare Company doesn't show up to perform their stirring rendition of A Christmas Carol, it's up to this intrepid band of hapless actors and technicians to pull together their own production

- in less than seven hours!!

Find us on facebook

We would love to see anyone interested in being involved with the show at the read through. A Christmas themed light supper will be provided by the TOTT committee, festive hats are encouraged!

TOTT CLUBROOMS, PENTELOWS RD

READ THROUGH - 8TH AUGUST 7PM
AUDITIONS - 29TH AUGUST 7PM
1ST REHEARSAL 3RD OCTOBER 7PM
SHOWS - 8TH, 9TH, 10TH DECEMBER

Info - email: auditions@tott-tg.com.au



Female, One Youth Male, and Seven either Gender.

For more info contact auditions@tott-tg.com.au

Linda van Zwol - Secretary

Did you know:
The Lobethal Poultry Club is actually based in Mt Pleasant?

mp beat

Sport

MPNC

We have a senior team playing B4 grade and an under 11 team. Currently half way through the winter season and both teams are tracking to make a finals appearance.

We are always looking for players junior & senior, umpires and coaches to join us, keep an eye out for notices for Summer netball teams. People looking to get into netball can make contact on mtpnetballclub@gmail.com



Around the District

Birdwood

TOTT Gallery

SALA

Our SALA festival started early and was opened on the 9th July by Deputy Mayor Nathan Daniell from the Adelaide Hills Council. A good turnout despite the cold and rain. The exhibition is called 'A Creative Journey' and will go through encompassing SALA until the 27th August.



Cambrai

Cambrai Agricultural Museum AGM

AGM

Cambrai Agricultural Museum AGM on 27th August at 2.30pm. Cambrai Sports Ground. All positions open for election. Everyone is welcome. Enquiries via text or voice message to 0425 210 518.



School visit

In June, the school's inquiry unit was on the local history of Cambrai. This was to coincide with their 110th anniversary celebrations next week.

Older students visited Cambrai Agricultural Museum, took a stroll down historic Skinner Street to look at the heritage listed buildings that housed the first businesses of our town, and finished with lunch in OS&P Park.



Cambrai School celebration

6th July was a wonderful community celebration for our 110th anniversary of learning on our current site. Some of our current students are the third and fourth generation to attend the school! We sang, danced, ate cake, played games, shared speeches and gave tours of our school.

We had old scholars, parents, grandparents, future students and past staff attend to officially open our beautiful mural by Gen + Tonic Art to mark the occasion. We also recreated some old photos which we shared on the Facebook page.

Thank you to all who attended and those who shared stories of their time at Cambrai.



Cromer

We have a shed! Big thank you to those special people out there that helped the other two very special people - John Bowd and Peter Wilde - in making this happen! It's awesome and absolutely perfect! A BIG thank you.

The Barossa Council released their draft Lease, Licences and Hire options, comments have now closed. Friends of the Old Cromer School need to come together to decide the best way forward for managing the venue. Please send an email to with your ideas, suggestions, willingness to join, attend the meeting etc.



Some volunteers packed up 10x 16kgs bags of wood on Saturday 8th which were stacked in the new shed (these are for people to purchase when they hire the hall). Thank you Dave, Mike and Pauline. On Sunday 9th some volunteers moved the BBQs, metal cabinet, paint tins, court nets and other items out to the shed, it was getting dark by then! Thanks to Johnsy, Chris, John, Sammy, Mike and Pauline.

We lit the fire in the fire place and settled in with a chat and nibbles, followed by soup and bread and a most amazing pavlova! Thanks to Pauline and Julie.

A good discussion about the new Lease and Licence agreements with Council which will be launched soon. Thank you to all who came, (not as many as expected but) very enjoyable and relaxing. Thank you to those who sent their apologies too.



In addition, we have applied for a grant for kitchen cabinets, hot water service, insulation and air conditioning! Oh wow if we get all that in one hit it will be amazing! Keep your fingers crossed!

Pauline Williams - oldcromerschool@gmail.com

Eden Valley

Coffee morning

Despite the occasional bit of drizzle we had our second community coffee this morning. Another really successful day with 50-60 people over the 3 or so hours.

Coffee and egg & bacon rolls for sale; along with a selection of free nibbles/snacks brought along by various community members.

We're planning to do it again in 2 months (imagine how nice the weather should be by then) ... which we think is just the right time between hit outs to get together, chat with people you haven't seen for a while & have cool conversations with fellow townfolk you've not met before but who do really fascinating things. A great day.



Tony Bartholomaeus taking a selfie of the egg & bacon rolls grill and people standing round one of the two fire pits (plus part of his thumb).

Gumeracha

Mosaics course



Mosaics with Angela -Stepping stone

Create your very own stepping stone to mosaic and take home. Create your design, learn tips and tricks to undertake the satisfying art of mosaics!

Closed toe shoes and practical 'old' clothes required.

A light lunch will be provided, please email lellis@ahc.sa.gov.au for any dietary requirements.

Saturday, 19 August from 9am to 1pm.

Torrens Valley Community Centre

Cost: \$50.00 (includes all materials, plus tea, coffee and a light lunch).

Enquiries to Torrens Valley Community Centre on 83891711 or tvcc@ahc.sa.gov.au

Gumeracha Library

As part of the Gumeracha Library refurbishment, the Torrens Valley Community Centre has a new look reception desk situated in the Library Foyer. Come say hi to our wonderful volunteers and explore the whole new space. There are refreshed reading and sitting areas, new shelving and a fabulous children's space with cosy nooks and fun play areas.



Learn AUSLan at home

This online beginner's course will provide participants with introductory skills in Australian Sign Language, Auslan. The ability to communicate with people who are Deaf and or hard with hearing can be helpful in teaching, childcare, community welfare, public service and health positions in our community.

Tuesday 15 August - 19 September

6.30pm - 7.15pm | \$20

mp beat

Torrens Valley Community Kindergym

Welcome Back Kindergymers!

This term our theme is...
Blast Off Into Outer Space!

For our first week back we will be in Astronaut Training, focusing on bodily awareness, locomotion and rotation. Join us at the Gumeracha Town Hall TOMORROW - Monday 24th July. 9:30-10:30am All ages class



11:00-11:45am Under 2 years class

OzHarvest comes to Gumeracha



OzHarvest's NEST program is coming to Torrens Valley Community Centre!

Starting on Thursday 14th September, join OzHarvest for a 6-week nutrition and cooking on a budget program. Come along to build your knowledge and skills in this hands-on, welcoming and fun environment. Lunch will be provided each week and you will receive your own OzHarvest Everyday Cookbook at the end of the 6 weeks. All ingredients and step-by-step instructions are photo based, so it is accessible to low literacy and non-English speaking adults.

Full details and tickets can be found here: <https://www.eventbrite.com.au/.../ozharvest-nest-program...> www.ahc.sa.gov.au

Mannum

Illuminate Adelaide

We're hitting the road to Mannum for River Lights!

From 04-13 August Mannum's historic township will shine bright with a series of immersive installations and dazzling light displays.

Sophie at Mannum

26th July Sophie Thomson delivered 500 bare rooted roses to the Riverland to be distributed amongst flood affected gardeners. With a retail value of \$12,500 these roses were generously donated by Wagner's Rose Nursery and will be looked after by the Mid Murray Council while requests are coordinated by Shelley Rose, well-being officer from Wellbeing SA. Neville Marks from the Swan Reach Bowling Club was the first to collect roses to replace those lost in the floods. For those who have lost gardens and so much more, replanting a garden is a sign of hope. These roses will be blooming in summer, one year after the flood came through.



Sophie pictured above with Mid Murray Council staff.

Mt McKenzie

Grant received

The Mount McKenzie Hall has received a grant for \$6,500.00, thanks to the Federal Government's Stronger Communities Program.



This money will be used to repair and replace the old extension roof covering the kitchen and supper room. This grant would not have been possible without the hard work and dedication of our Treasurer Phil Earl and the support of our local member for Barker, Tony Pasin. Thank you to Tony Pasin for visiting the Mount McKenzie Hall and presenting us with a cheque for \$6,500.00 to enable us to complete our latest building project.

Thank You to...

The Mount McKenzie Committee would like to sincerely thank Seelander Quarries and Mick Seelander for their ongoing support of the Mount McKenzie Hall. They have generously donated 5 tonnes of rubble to finish landscaping around the new toilet block. Mick has donated his time to deliver the fill on Tuesday.

A big thankyou Macka McGeorge from Mackanna Industries, for donating your time and machinery yesterday, to spread the fill around the toilet pod. A great job and another step



mp beat

closer now to the finish line! Without the support of these local businesses, small communities like us would find it very difficult to complete these projects!

Quiz night

We are holding our annual Trivia Night on Saturday the 9th of September! We always have a fun night and it's a great chance to catch up with your community. Special guest hosts will be Michael and Paul, with more details to follow closer to the date!

Mt Torrens

Community Association



It's started! Our public toilet is about to be constructed on Heritage Reserve, at the rear of the Coach House. It is scheduled to be completed mid to late September.

It will make a great difference to visitors to the town, to the History Centre and the Markets. Thank you to all those who have lobbied over the years and to the Adelaide Hills Council!

Mt Torrens History

New arrival at the Coach House!

We purchased this eye-catching pull up banner through fundraising from the Mt Torrens markets with your support.

You will be able to see it at the History Information stall at the next market, Sunday, August 27th, at the Soldiers Memorial Hall.

We also obtained a light box and scanner through a grant from History SA, and this is making scanning the many photos and records so much easier.

Call into the Coach House on Mondays, 10-3, or message us to contact any of the volunteers (Gail, Kerry, Chris, Irene or Rose) to have a look.

Mount Torrens Centenary Park Diary Advice

As Spring is on the horizon, it is time to advise that the first Park Dinner for the season will be on Friday 1st September and we look forward to continuing on from where we left off. Also, we will be putting on a QUIZ NIGHT at the Park on Saturday 21st October.



Palmer

Palmer bingo

Bingo is on again. Palmer hall Collier Park. Sat 1st July 2023. Starts at 6.30pm, eyes down 7pm. Contact Sandra Cox or Maxine Borchardt for bookings. Don't miss out. Great raffle prizes to be won.

Palmer Hotel

Woolshed Road performing on 4th August.

Come along to The Palmer Hotel at 7.30pm to catch us playing in the evening. Why not grab some dinner beforehand? Contact the Palmer Hotel on 8569 4054 to book your table.



Cars and Coffee
2nd Saturday 13th
August.

Open Mic & live music.



Open mic's are a great opportunity for amateur through to professional artists, to perform in front of a live and supportive audience. Everyone is welcome. Thank you drink for performers. 4th Sat - 26th August.

mp beat

Sedan

Old Barn Funding

Congratulations to The Old Barn owners – Peyer Jesser and Vicki Rankin! They have received Federal Government funding which will enable them to extend their amenities block which will then include access facilities, and also to renew the venue flooring.

Old Barn Open Mic



You're invited to come along to our next "Sunday at the Barn" OPEN MIC. There's always an interesting variety of live music and a large, warm and friendly crowd. Our feature band for August is the awesome band *TRAINESONG*. Also performing are, The Generators, Strait Up and several soloists & perhaps a duo – something for everyone & all welcome! Licensed bar and light meals available. To book your table OR if you'd like to perform, please let us know on Facebook or call or text Vicki on 0418 841 164.

Springton

Springton CFS Awards

Congratulations to Grant Kelly (top) who received an award for 30 years service, and John Shearer (bottom) who received his award for 50 years' service. Amazing work!

Pics courtesy SACFS



Springton Progress Association events

- 29th July to 27th August – SALA gallery
- Quiz night 23rd September, 6.30 for 7pm.

Springton Community Dinner

We had 64 attend this dinner, and great for the community to meet the new owners of Bucks @ Springton prior to their opening. The Springton Progress Association hope to hold another dinner later in the year, but at the hall for more space and more people to attend, hopefully with live music.



SALA

SALA has opened at the Springton Hall. Twenty local (and near local) artists have contributed to a richly diverse exhibition of around 150 pieces.

There is also a gift shop in the Hall foyer packed with smaller items by the artists available for purchase.

Come along and have a look. Entry is free and we are open 10am to 4.30pm Saturdays and Sundays through August.

Springton Playgroup

Springton Primary School on Wednesdays at 9.15am. All Welcome – gold coin donation. Springton PS: 85682 254

Dates and themes in August:

- 2nd – Lions
- 6th – Numeracy
- 16th – Butterflies
- 23 – Book Week
- 30 – Dogs

Tungkillo

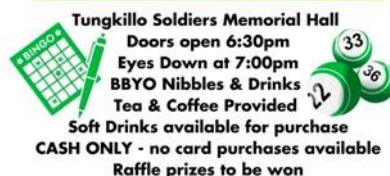
Rag Rug Making lessons

Free rag rug making lessons Monday afternoons in the Tungkillo hall, Monday afternoons in August. Materials supplied. \$2 per person for hall hire. Ring 0427 605 112, if interested.

Tungkillo Gazette



SATURDAY | 19 AUGUST, 2023



Other newsletters

Newsletters – including Gumeracha, Lyndoch, Mt Torrens, Tungkillo, Williamstown, as well as Top of the Torrens Gallery and Top of the Torrens Theatre Group newsletters - on the Beat website: <https://www.mtpleasantbeat.org/other-newsletters>

Personal/Mental Health Services CarersSA Group



If you are a Carer OR know someone who is.... pop in to find out how Carers SA / Carer Gateway can help you.

For our next meeting on WEDNESDAY 2nd August at 9:30, please assemble in the Library at 10:00 am - 11:30

Our Guest Speaker will be Catherine Winter, who is a Family Drug Support worker. All welcome - Especially Carers
RSVP: Text Lee on 0455 445 524

(Meetings are on the first Wednesday of each month @ the Mt Pleasant Library, from 9:30 am to 11:30 am.

Join us for Coffee and Chat – with a Guest Speaker.

For Queries: call Lee on 0455 445 524, or email lee.wingate@carerssa.com.au)

** You can also call the Carer Gateway on 1800 422 737 for free registration, or register online. Emergency Respite is available by calling the 1800 422 737 # and you can access respite even if you are NOT registered with Carers SA.

Lee Wingate - Carer Connector – Barossa and Light



Classifieds, courses & community info

Community Radio - Musicofthehills

Get in touch with me for a plug, and if you're a musician, come and join me – Matt Hawkins - on my Thursday Night Locals' show, and share your stories and songs. MOTH (Musicofthehills) 7-8pm Lofty Radio 88.9. Community Radio.

Telstra Go Repeater

Dodgy internet? Might be worth looking into:

<https://www.telstra.com.au/coverage-networks/network-coverage-extension-devices>

Breast Screen

Zumba

5.15-6pm t pleasant - \$15

Woodside Jams

The Woodside Jams is a free monthly jam session in the Adelaide Hills for young musicians aged 12 – 25. The session will be held on the third Sunday of the month, starting at 12 pm to 3 pm, at AHC Community Development Activity Centre, 36 Nairne Road,



Woodside. The Jams provide a welcoming, supportive environment where people can have a taste of what it's like to play in a band. Play with new people, improve your musicianship, learn useful industry skills and build your stagecraft. Just bring your instrument and an amp, and join in the Jams! Adelaide Hills Council's Youth Officer and the Youth Leadership crew will also organise a couple of opportunities for the Jams to perform live in front of an audience every year. The Jams facilitator, Chris Teusner of The EMU Tree, and also the drummer for Adelaide's Britpop sensation Noasis, is there to make sure the Jams crew is up to the challenge. Contact Mark de Lange at mdelange@ahc.sa.gov.au for more info, or go ahead now and book the next session through Eventbrite – Woodside Jams.

mp beat

RCCF

The Regional Capability Community Fund (RCCF) has been established to improve community safety and capability to respond to fire emergencies.

Eligible applicants

- Individual farmers
- Farming businesses or rural landholders
- Rural community groups (Note: Applications from rural community groups will only be eligible for reimbursement for shared use fire-rated personal protective clothing).

Visit our website for further information about the RCCF program, including how to apply:

<https://www.cfs.sa.gov.au/farms>

Applications close Friday, 4 August 2023.



Firefighting grants

Round Two of the Farm Firefighting Units (FFU) grants is now open, with priority given to those who were unsuccessful in Round One, or who did not apply.



Items eligible for reimbursement include:

- Tank with a minimum water capacity of 400L and with fill point for water.
- Water pump.
- Hose and/or branch.
- Fire Fighting Unit (i.e. compact fire units or slip on skid units). Fire rated personal protective clothing (PPC) (gloves, jackets, pants, boots and P 2 or above).
- Masks.
- First aid kits (specifically with burns kit included).
- Fire blankets.
- UHF/CB radios
- Amber rotating beacon.
- Heat shields.

Proposed items must be new. not second-hand and be fit for purpose.

Applications will be assessed in line with defined selection criteria such as value for money, geographic location, risk, and existing capability.

Once an application is approved. Successful applicants must ensure their FFU is registered with the CFS to receive reimbursement.

Round Two will close Friday, 4 August at 5:00pm and applicants will be informed of outcomes by September 1, 2023.



August, 2023

WHAT WOULD YOU DO WITH A
\$5,000 GRANT
in your community?

Nutrien Ag Solutions
COMMUNITY GRANTS PROGRAM

50 grants of up to \$5,000 are available to community groups and projects that will make a difference in your community

To find out how to apply

APPLICATIONS OPEN: 11th JULY 2023
APPLICATIONS CLOSE: 10th AUGUST 2023

Nutrien Ag Solutions | FRRR

For more information, speak to your local Nutrien Ag Solutions team.

TAFE SA

Did you know that TAFE SA is continuing to offer Government subsidised training across a range of sectors and places are available for study in Semester 2.

Fee Free* TAFE places are available for students enrolling to start in 2023, subject to funding availability, and remain free for eligible students for the duration of the course. So why wait, apply today and secure your spot.

More Information

W: tafesa.edu.au/business

P: 1800 882 661

If you are a person who is Deaf, hard of hearing, or have A speech impairment, contact us through the National Relay Service: relayservice.gov.au

Apprenticeship info:

<https://www.skills.sa.gov.au/apprenticeships>

Jobs website:

<https://www.barossaplainsjobs.org.au/>

KLOSES Employment opportunity

Liquor Store Manager & Liquor Assistant Manager

We are on the lookout for experienced leaders to join our liquor team! Our business is growing so we need enthusiastic and experienced people who have worked in the liquor industry to share their knowledge through coaching /developing and inspiring our team members.

Your skills should include:

- To ensure a safe and welcoming environment for customers and your team.

mp beat

- To promote great in store merchandising standards for our customers.
- Excellent communication skills to promote our vast range of local products.
- To be responsible for the store's inventory from ordering to promotions.
- Rostering to suit the needs of our customers and business.
- Be accredited Responsible Service of Alcohol (RSA) certificate and RP badge.

For any further queries please feel free to contact our People & Culture Manager on 8389 6540.

Email: careers@klose.com.au OR

Seek: <https://www.seek.com.au/job/>

Open Arms, Birdwood

Are there any primary trained teachers who are not currently working full time who are looking for something different every now and then? Open Arms Community Child Care Centre in Birdwood are now able to employ teachers with primary qualifications to work in early childhood education as relief staff and would love to hear from anyone who is qualified and would like to work in a team environment with 2 or more other staff and up to 22 children aged 2.5 - 5yrs.

Shifts could vary from 5 - 8 hours anywhere between 6:30am to 6:30pm, with most being either a morning or afternoon shift, but some long days too.

Either send a resume and letter of introduction with the days and hours you are generally available via email to info@openarms.net.au, or call the centre on 85685011 during business hours for more information.

WE ARE HIRING!
OCCUPATIONAL THERAPIST

Adelaide Hills Disability Services (AHDS) is expanding our team and looking to hire an Occupational Therapist!

AHDS is looking for versatile and dedicated Occupational Therapists to join our team and empower people to achieve their NDIS goals.

Area's we service:
Adelaide Hills
Northern Suburbs
Barossa
Eastern Suburbs
Southern Suburbs
Fleurieu Peninsula

AHDS
EMPOWERING LIVES

If you are interested in this position, please email your resume and cover letter to our Business Manager Kaleah at Kaleah@ahds.com.au

Fundraiser for the Homeless in the Barossa.
Saturday 25th Nov 23.
Doors open at 6.30pm. Wendy and Lutheran Care are raising funds for the homeless with a great night of music. Held at Tanunda show hall. Get tickets from Wendy 0429 873 840, Tickets are \$50 per person. Be Quick. There will be food and drinks available. Sponsors and donations of money or gifts for raffle/auction will be greatly appreciated.

John O'Dea
CHRISTINE CLIFFORD

RED DIRT BAND
LUTHERAN community care

MOUNT PLEASANT
HOTEL • MOTEL

OUR KITCHEN
WILL BE RE-OPENING
MONDAY 31ST JULY

DINING HOURS
Monday 5.30 pm to 8 pm
Tuesday 12 noon to 2 pm & 5.30 pm to 8 pm
Wednesday 12 noon to 2 pm & 5.30 pm to 8 pm
Thursday 12 noon to 2 pm & 5.30 pm to 8 pm
Friday 12 noon to 2 pm & 5.30 pm to 8 pm
Saturday 12 noon to 2 pm & 5.30 pm to 8 pm
Sunday 12 noon to 2 pm & 5.30 pm to 8 pm

Kitchen hours are subject to business requirements

TORRENS VALLEY CHILDREN'S CENTRE INC.
John Fisher Avenue Gumeracha SA

Seeking Qualified Educators
Diploma Qualified
1 position, upto 38 hrs.

Relief Educators also needed.

We are seeking Early Childhood Educators with a Diploma of Early Childhood Education and Care to join our team, working in the Long Day Care Program within a DfEd Integrated Children's Centre.

Requirements

- Diploma of Early Childhood Education and Care
 - Current Working With Children Check (Department of Human Services)
- Responding to Risks of Harm, Abuse and Neglect training
- First Aid: HLTAID0012 Provide an emergency first aid response in an education and care setting.

Please send cover letter and resume along with evidence of requirements to Sue Melville-Smith at tvccadmin@bigpond.com
PO Box 445 Gumeracha SA, 5233
Ph: (08) 8389 1335

JP's in the district

Name	After Hours Phone	After Hours Suburb	Business Hours Phone
BARRETT, Donald Robert (Mr)	8568 2985	MOUNT PLEASANT, 5235	8568 2985
BROWN, John James (Mr)	8564 1103	EDEN VALLEY, 5235	8564 1103
HENDERSON, Murray (Mr)	0439 385 291	CROMER, 5235	0439 385 291
KELLY, Linda Elizabeth (Mrs)	8568 2109	SPRINGTON, 5235	8568 2109
LEAN, David Alexander (Mr)	0400 268 223	MT PLEASANT, 5235	0400 268 223
MUELLER, Margaret Ann (Mrs)	8568 2560	MOUNT PLEASANT, 5235	8568 2560
SKIPWORTH, Alison Marie (Mrs)	0400889484	MOUNT PLEASANT, 5235	0400889484
SEAGER, Nicholas Edward Halsall (Mr)	0448 884 721	MOUNT PLEASANT, 5235	0448 884 721
TUMBERS, Michael Frederick Hugh (Mr)	0412 240 854	EDEN VALLEY, 5235	0412 240 854
TURNER, Lynton Holbrook (Mr)	0438 932 483	MOUNT PLEASANT, 5235	0438 932 483

Other Info

POLICE –

Police General Enquiries: 131444

Emergency: 000

Mt Pleasant – ph – 85692023

General Enquiries Operating hours – 9am to 12 noon Mon – Fri

Email address www.police.sa.gov.au

LIBRARY –

Mt Pleasant – ph – 83638304 – Operating hours – 9am to 5pm. Mon to Fri Closed for lunch 12.30pm to 1.30pm
Chemist –

Mt Pleasant – ph 85682095 – Operating hours – 9 am to 5.30pm Mon – Fri. 9am to 12 noon Saturday.

Birdwood – ph 85685644 – Operating hours – 9am to 5.30pm Mon – Fri. 9am to 12 noon Saturday.

DOCTORS –

Mt Pleasant – Talunga Clinic - 85680080 – Mon., Tues., Fri., 8.30am to 5pm. Wed., and Thurs., 8.30am to 8pm. Sat. 8.30am to 1pm.

Birdwood – 85685156 – Tues., Thurs., Fri., 8.45am to 5pm.

CHEW THE FAT night

Grab a feed, drink some beer and catch up with mates.

POOR MENTAL HEALTH IS LIKE CANCER. Ignoring it can be fatal.

If you had a broken leg, you get help, you'd be honest with your doctor about your leg and you'd be looked after. We need to get to a point in Australia where if we are struggling with our mind, we seek and get that same help.

Come and listen to our speakers - a couple of typical Aussie blokes hit by huge personal life challenges.

- Hear how they overcame their personal challenges
- Learn how they overcome their personal challenges

Come enjoy some good food, drink beers and learn how we can help ourselves and others better confront health issues of the mind.

FRIDAY 19 MAY @ 7pm

The HABY SHED

2400 Purnong Rd, Walker Flat | NO NEED TO BOOK

OTHER NIGHTS:

FRIDAY 15 SEPTEMBER

The KONZAG SHED

53 WASLEYS RD, MALLALA

FREE pig on the spit

BYO CHAIR

SAVE OUR MATES

Find out more at: saveourmates.com.au
Got questions?
Anthony 0419 188 208
Gavin 0428 811 407

2023 STRATHALBYN ANTIQUES AND COLLECTABLES FAIR (and other stuff) WEEKEND

SAT 19TH AUGUST 10am to 5pm
SUN 20TH AUGUST 10am to 4pm
Carruthers (Show) Hall, Coronation Rd
Town Hall, High Street

\$10 entry per day
Accompanied U12 free
covers both halls and
connecting shuttle bus
and entry to
Gilbert's Motor Museum*

Fair brought to you by
Strathalbyn Tourism Association
Email: antiques@strathtourism.org.au
Phone: 0427 674 620
@Strathantiquefair
Visitor Info Centre: 08 8555 7282

Sunday Treasure Market
at the oval from 7.30am
\$2 entry Accompanied U16 free

Sunday Treasure Market brought to you by
Rotary Club of Strathalbyn
Email: craigmaidment1956@gmail.com
Phone: 0438 166 528

Find Something Fabulous
in beautiful Strathalbyn, SA

Supporting local tourism and community groups

DON'T MISS

LOBETHAL POULTRY CLUB'S CHAMPIONSHIP & NON-CHAMPIONSHIP SHOW

SUNDAY, 6TH AUGUST

CHAMPIONSHIP SHOW
* Open to qualified birds only
Birds compete for "Champion Bird of Year"
* A list of qualified birds will be sent to exhibitors

NON-CHAMPIONSHIP SHOW
* Open to Any Breed or Colour Bird
Birds compete for Separate Trophies

Bird Entries:
Close 9pm Thursday, 3rd August
Send to: Bronwyn Loffler
(08) 8569 2021
bronloff@bigpond.com

For more Information:
Diane Formby
0408 954 755
dnformby@gmail.com.au



Eden Valley Farm Stand
1823 Eden Valley Rd
Eden Valley



Farm Gate Garden
806 Springton Road
Mt Crawford



The Coop,
1126 Springton Rd
Mt Crawford



Bell's Farm Gate
Open Fridays, Saturdays and
Sundays from 10 till 4
15 Adelaide Road
Palmer



One Tree Hill
Country Market
5th August



12th August



MANNUM MARKETS
Sunday 6th August
9am to 2pm

COME TO MANNUM FOR THE WEEKEND FOR
ILLUMINATE AND VISIT OUR MARKETS ON SUNDAY

NEW STALLHOLDERS WELCOME

If you want to be part of our Markets, please contact
Katrina or Vikki on 8569 1503 or email m annumvic@psmarion.com

Local Native Plants End of Season Sale

Saturday
5th August
10am - 1pm

Species availability list
on website from
one week before

Tubestock Plants
discounted to
\$1.50

Grasses &
Rushes \$1

Further discounts for bulk purchases



176 South Para Road, Williamstown
More info and species list @
kersbrook.landcaregroup.org.au
Email: klg.nursery@landcaregroup.org.au
Phone: 0431 989 397

PRICE TRACTOR PULL August 5&6



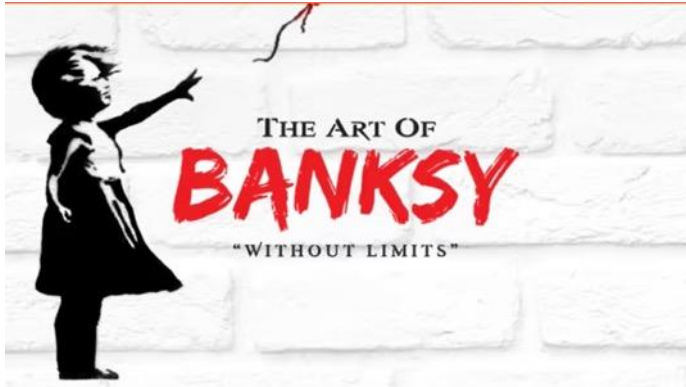
GREATER SA

DEADLINES

If your organisation or group has an event coming up, or you just want to let people know how to contact you, we are happy to add most to this newsletter. Please contact us to ask if we are able to do this for you.

Secretaries – please give us time to assemble the newsletter- We ask that all articles – preferably in electronic form + photos - be submitted no later than

Events



Tickets for The Art Of Banksy: "Without Limits" are now on sale! Visitors will now be able to enjoy one of the largest collections of Banksy's work. Scheduled to take place at Myer Centre Adelaide from August 24, this highly anticipated exhibition promises to be a remarkable experience. Don't miss out on securing your tickets today!

The exhibit will also include some of his most well known installation pieces, which are divided into four main sections. Each of these installations showcase Banksy's major thematic works, allowing guests to delve deep into the artist's extraordinary world.

Starting Aug 24th. Tickets priced from \$27.

secretadelaide.com



PRESSED FLOWER WORKSHOP

SATURDAY 19TH AUGUST, 2023

11:00PM - 1:00PM

KARKOO NURSERY

OAKBANK, ADELAIDE HILLS

TICKETS \$75

MOUNT PLEASANT Fleece & Fibre Fair 2023

Sunday, 13th August

10am - 3pm

Talunga Park Show Hall,
Mount Pleasant

\$5 entry



Spinning & Weaving,
Textile Crafts,
Felting, Garments,
Coloured Fleeces,
Wool, Alpaca,
Demonstrations

Hot food and beverages available

Mt Pleasant Progress Association Inc.




Gawler Community Gallery
PRESENTS

JOE DENNIS

Recent Works - Solo Exhibition

JULY 13 - AUG 24

August calendar

Coming Events



SA SPRING GARDEN FESTIVAL
- MOUNT PLEASANT -

Saturday 23rd September 2023

MT. PLEASANT SHOWGROUNDS
Melrose Street, Mt. Pleasant

8am-3pm
ENTRY: \$10/person
SENIORS/CONCESSION: \$7
CHILD (U12): Free

Explore a great range of stalls featuring quality plants, garden furniture, decor & garden care products. Meet our guest speakers, take a workshop & uncover the secrets to a successful garden!

For more information, to purchase tickets or to enquire about becoming a stallholder, contact us:
info@springgardenfestival.com.au
0403 289 983
sapringgardenfestival.com.au
@springgardenfestival
#sapringgardenfestival

VIP Guest Speaker
Hannah Moloney,
ABC's Gardening Australia

The SA Spring Garden Festival is proudly run in conjunction with **FARMERS MARKET**

MT PLEASANT CFS FUNDRAISER COMEDY NIGHT

BACK FOR OUR 8TH YEAR TO HELP YOU FORGET ALL YOUR WOES & RAISE VALUABLE \$\$\$ FOR YOUR LOCAL BRIGADE.

4 OF ADELAIDE'S TOP AWARD WINNING COMICS



STEVE SHEEHAN PETE MONAGHAN DEHU BOY KEHAU JACKSON

SATURDAY OCTOBER 7 2023
MT PLEASANT SOLDIERS MEMORIAL HALL
DOORS OPEN 7PM

TICKETS \$30 PER PERSON (TABLES OF 8) ONLINE AT [TICKETEBO.COM.AU/MTPLEASANTCFS](https://www.ticketebo.com.au/mtpleasantcfs) OR FROM MT PLEASANT POST OFFICE (CASH ONLY)
BYO DRINKS & NIBBLES & COINS.
GREAT RAFFLE PRIZES AND SPECIAL PRIZES
**RATED 15+ (STRONG LANGUAGE)

Events

Date	Event	Details
3, 10, 17 & 24 ALSO ONLINE	MP Farmers' Market	8-12, Saturdays @ Talunga Park
12	Caravan Park Upgrade Opening	11-1, Talunga Park
13	Fleece and Fibre Fair	10-3 Talunga Park Show Hall
18	End of the Vietnam War Commemoration	10.30am @ RSL Hall
21	MP Community Association Inc. AGM	7.30pm in the History Room at the SM Hall

Meetings

Committee / Group / Organisation	Details
CFS Training	Every Tuesday @ 7pm
Friends of the Mount Pleasant Hospital	10am, 2nd Tuesday in month
MP District History	1-4pm, every Thursday @ History Room, SM Hall
MP Farmers' Market	8-12, every Saturday @ Talunga Park (unless otherwise advertised)
MP Fitness Group	10am, Thursdays - Talunga Park Pavilion
MP Inc (MP Progress)	7.00pm, 2nd Tuesday @ Men's Shed
MP Men's' Shed	Open Monday & Wednesday from 9am
MP Show Society	2nd Monday @ Talunga Park
MP Spinners & Craft Group	@ St John's Church Hall, 10-3 on Wednesdays (Call Elaine on 0411276190)
Playgroup	9.30-11.30am, every Friday @ MP Kindy
Pleasant Painters	2nd and 4th Friday from 10am-2pm, @ MP Library
Red Cross	Bi-Monthly, 1.30pm, 4th Thurs @ SM Hall
RSL Social	1st Tuesday - Social gathering @ RSL Hall
RSL Meeting	Alternate month, 4pm 3rd Sunday - Bi-Monthly meeting @ RSL Hall
Cuppa, Craft & Chat	1st Tuesday, 10am to 12.00pm @ Soldiers' Memorial Hall
SACWA	1.00pm, 1st Tuesday @ Soldiers' Memorial Hall
St John's Card Group (500)	1st Thurs month. 12 noon \$10 - 2 course meal + beverages @ St John's Hall
Twisted Threads	11am each Monday in the Library meeting room
TV Table Tennis	7.30pm, every Wednesday @ BHS Gym
Women's Woodworking	1st Wednesday every month in the Men's Shed
Writers' Group	Please email: Dwainecelie@gmail.com

Newsletter:

Newsletters are published at the beginning of every month, and are generally available in the Wisteria Atrium at the Market, Star Books & the Post Office. If you'd like a hard copy, please ask Anne or Rose @ the PO or John @ Star Books to reserve one.
Online @ mtpleasantbeat.org
(click 'subscribe' on the 'Latest Newsletter')



Contact us:

Editors: Sue Barrett & Paula Bartsch
Feedback or contributions may be emailed to: mtpleasantbeat@gmail.com
or PO Box 16, Mt Pleasant 5235
You can also phone us on 0403012339
Online:
w: mtpleasantbeat.org
or Facebook: [mpbeat](https://www.facebook.com/mpbeat)

SALA

MT PLEASANT INC. & MT PLEASANT FARMERS MARKET
TOGETHER WITH SOUTH AUSTRALIAN LIVING ARTISTS
PRESENT



A Country Life

AN EXHIBITION OF ARTWORKS BY LOCAL ARTISTS
JOE DENNIS, LEON HOLMES, SANDRA KEATLEY
AND **HANNAH WALLACE YARROW**

TO BE HELD IN THE WISTERIA ATRIUM, MT PLEASANT SHOW GROUNDS,
SATURDAYS 8AM TO 4 PM and SUNDAYS 10AM TO 4PM
EVERY WEEKEND THROUGHOUT AUGUST, 2023

GOLD COIN DONATION TO
MT PLEASANT INC.

RESCUED

An artistic journey in recycled metal
by Metal Artist Adrian Beacham

Location: Lyndoch Lavender Farm & Cafe
407 Tweedies Gully Road, Lyndoch
Ph: 08 85244538 <https://lyndochlavenderfarm.com.au>
(open 10AM to 430PM daily)

Opening: 30th July 2023 @ 1130 AM
Concludes 31st August 2023

SALA

Metal rose making demonstrations on
5th, 6th & 19th August from (12PM to 2 PM)

Storyteller

SALA



SPRINGTON GALLERY

Graetz Terrace, Springton SA 5235

OPEN 10am-4:30pm Saturdays and Sundays 29 July - 27 August



Open studio

Open Studio/Established

multiple mediums

583

Kane DYER

Visit my Small Birds Studio to see work in progress and past work on display.

Small Birds Studio

40 Truro Rd, Moculta

5-11 Aug Mon-Sun 1-4pm



Recreate SALA

Workshop Shed,
Phillis Street, Mount Pleasant

11 TO 3 WEDNESDAY, THURSDAY,
FRIDAY, SATURDAY IN AUGUST



SALA



Welcome to...

'A Creative Journey'

An exhibition of mixed media by the
artists and crafts people of
Top of the Torrens Gallery, Birdwood

To be opened on Sunday 9th July at 2pm
by **Nathan Daniell**
Deputy Mayor of Adelaide Hills Council

Featuring a jewellery making demonstration
by **Rosie Trenerry**
and a musical interlude by **Terry Davenport**

Concludes on 27th August

9 Shannon Street, Birdwood - PH 8568 5577
Open Wed to Mon - 11am till 4pm - Including Public Holidays