mount pleasant



GO FUND ME!

The State Government's latest "Fund My" initiative is up for voting. Organisations in Mount Pleasant have submitted three proposals for your consideration. Dr Goh and the partners from Talunga Clinic have proposed that a Community Health Hub be established at Talunga Park. This would be a great asset to our community and hopefully it would also be a vehicle for encouraging people to improve their quality of life by undertaking exercise and thinking about their general wellbeing.

The next proposal is for the re-surfacing of the Tennis / Netball Courts. Now that the Tennis season is almost upon us, and the MP Netball has had a resurgence, it would be timely to have this community asset refurbished. The third project is one Paula and I cooked up. After listening to people complain for years about the state of the CWA garden, and discussing at length some ideas on what sort of improvements could be made that would make the space more usable for everyday, and also for our big events like the Anzac Dawn Service, The Australia Day Breakfast and our fabulous Street Party, we came up with some ideas and submitted them. As the FMN site only enabled us to add 100 words, and another 300 to describe it further – not to mention only giving us a few weeks to come up with some ideas - we were really happy when it made it through to the voting round. Here's where you come in. Voting is now open and you can vote for up to 5 projects. When you register on the website, you will be asked to supply a valid email and a mobile phone number - this can be a little awkward for those of you who have only one of those - and more so for those who don't have any! Paula and I will be having a sausage sizzle in front of the Post Office on Friday and we would be happy to explain our ideas, as well as the others mentioned earlier, and show you how you can work through this process. It is important for our town that as many people as possible vote for their preferred projects.

As usual there are quite a few things on this month – including a great show from the Top of the Torrens mob – "Phantom of the Talent Factor", the Friends of the Hospital's Fete out at Glen Devon, Remembrance Day, Elysium Winery have an event on $25^{\rm th}$, Pink FootGolf on $26^{\rm th}$ and there's Country Music on the 4th at Tungkillo.





Friday 3rd Nov @ 10am @ the Post Office for FUND MY NEIGHBOURHOOD Learn how to vote!

Issue 29 31st October, 2017

- P 1 Go Fund me!
- P 2 Live @ the Totty & Kayla is Gold!
- P 3 Opinion Babysitting & Loo News –or not
- P Men's Shed-ding :
- ⁴⁻⁵ Shifting Spanner
- P 6 Market-ing
- P 7 Friends' Garden, RYB, Bruce M, & what's a Quasquicentennial?
- P 8 Community Dinner & Street Party
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- ^{P 10} Bits & Bobs: Springton
- P Community Events
- P 13 November Calendar





Better to have an empty house, than a bad tenant.

(on a certain bodily function)

Coming events

December:

Street Party & Christmas Parade! Twilight Markets

January:

School for Scandal Australia Day brekky

mount pleasant beat





Thank you to John and Sandy of the Totness Inn, for bringing 8Ball Aitkin to Mount Pleasant. What a great entertainer he was, and you may notice many people with his t-shirts, shoe-laces and other merchandise who were also in attendance at the hotel for a great night of music.

I would not say that I was a follower of 'swamp blues' music, so I looked up you-tube to find out if we might stay and hear 8Ball Aitkin, and whilst having our dinner we chatted to this polite and interesting entertainer and his partner, which of course ensured that we would stay, to at least hear some music. We do love rock'n'roll, country and blues music, so we really weren't listening to genre that we were unfamiliar with, and we were not disappointed. The small crowd who stayed were highly entertained by 8Ball and if given the opportunity again, I would jump at the chance to hear this one-man band. Playing guitar (of which he had several), with feet pumping drums and tambourine, and often adding a kazoo (and some of the crowd purchased these, so you will hear them out and about, I am sure) his skill with music was obvious. The children who were in attendance sat enthralled at his skill, and I would say to those who did not take the opportunity to attend ... you missed something special at Mount Pleasant!

Paula Bartsch Roving reporter



Not an Op Shop



A plea from the people of the St John's Anglican Church:

There is no Op Shop at the Church, so it would be appreciated if all donations could be left with the United Church in Shannon Street, Birdwood.



From the Stock Journal 13th October

Aspiring agriculture teacher Kayla Starkey, Mount Pleasant, was awarded the 2017 Rural Youth Bursary, sponsored by PIRSA.

She is studying a Bachelor of Agricultural Sciences through the University of Adelaide and aims to complete a Masters in Teaching.

Ms Starkey plans to use the \$5000 bursary to attend the National Association of Agricultural Educators conference in Launceston, Tasmania, in January.

"I will get to see other agriculture teachers in Australia and use this as a networking opportunity with future colleagues and also as a study tour to see what Tasmanian agriculture has to offer," she said.

"I want to teach people what agriculture is really about."

Agricultural Bureau of SA chair Mark Grossman said this year's group of finalists was one of the most challenging for the selection panel.

"They all excelled in their particular areas," he said.

"Going by how challenging it was for the judges to decide on the winners this year, the future of agriculture in our state could not be brighter."

(Kayla featured in the Beat - issue 12 - May 2016)



Fund My Neighbourhood community voting has opened and some great projects have been proposed by Barossa Council residents.

We are encouraging people to head online and vote for the projects they think will improve our region and benefit our community. There's some fantastic projects! To be eligible to vote you must be 18 years and older.

How to vote

- Visit https://fundmyneighbourhood.yoursay.sa.gov.au
- · You must be registered to vote
- If already registered with Your Say, simply log in using your details
- Enter your address/location
- Select 'Browse' projects in your neighbourhood (noting that in regional areas the closest 30 projects in your neighbourhood will be displayed)
- By clicking on the small green circles, you will be able to view the location of projects in your neighbourhood
- Shortlist your favourite projects
- VOTE! Remember you need to vote for your top three to five projects.

Voting closes at 5pm Monday 20 November. For more information and to vote visit https://fundmyneighbourhood.yoursay.sa.gov.au.



"Had" being the operative word, because Mum had good cause not to trust him. Dad was lovely, but work often took over and he was easily distracted.

My earliest memory of Dad being in charge was when he took me to 'the Mount' (Mount Gambier). As well as being a general carrier, his sideline was as a builders' supplier, and many houses in the South East during the fifties were built of Mt Gambier stone.

I was so excited to be allowed to go and did as I was told and stayed in the cab of the truck while Dad dealt with the loading. While I was waiting, one of the workers decided it would be a good idea to make me a gift of a baby rabbit they had just found. Sadly, the rabbit didn't seem to like me, and it wasn't long before it had abandoned my lap and crawled under the seat, but not before leaving me covered in rabbit poo and piddling on me. It took me a while to tell him, by then we were a long way down the track, but Mum figured it out pretty quickly when we got home – I still remember the smell. It took a long time and a lot of cursing for Dad to find the rabbit, and I never did find out what became of it.



The next time, he took my brother Paul and I to a local sand quarry. A recipe for disaster. All I remember was us playing about a bit at the bottom, then Paul decided to climb and the whole wall seemed to be coming down at once Paul burying completely, and Dad and the quarry man to their knees. It seemed to take ages but they eventually pulled Paul out and I vividly recall that his eyes, ears and mouth were full of

sand, and Dad was wondering if he could get it all off before Mum found out.

A few years later (yep, it took that long before she trusted him again), there was a display at the local aerodrome. And Dad piled us all in the car to take us out for the day – I think Mum was home with a very young baby and she wouldn't have protested too much at the prospect of some peace and quiet. A few hours later he was back home, telling Mum he'd had a great time. Mum said that "was lovely dear, but where are the kids?" Still sitting, waiting on the bench outside the airport building where he'd told us to wait... all four of us.

Mum didn't let him babysit us again, that usually fell to me – after all I was a mature 12 year old, and back in those days it wasn't unusual, although my Grandmother told Mum she was soft for ringing and checking on us during the

night, and making sure we'd had the door locked.

When he became a Grandfather, and we came down from the bush and had to do three months' shopping in two days, Dad was wonderful at looking after the boys – of course, supervised by Mum.

Nowadays – we call it what it really is – looking after the kids. Not babysitting, like they belong to someone else. If you're a part of the equation – you do your bit. Just like the housework – you live in the house – you help make the mess – you clean up. You eat – you cook. It's simple really. Although there are still a few diehards who think those rules don't apply to them, and we let them get away with it. In my house we go with the 'we don't want to be hungry so Sue cooks' motif. The MOTH did try cooking after he semi-retired – I suspect he didn't try all that hard (although he does cook a good steak), and in the end we compromised (?) and I do the shopping, cook the food, and he eats. Occasionally, he washes up.





SHC SA Hack of the Year

2018 Grand National Qualifier & 2017 All State Showdown Qualifier was held at Talunga Park on Sat 21st & Sun 22nd October. With interstate judges: Raymond Butler (Vic), Samantha Applin (WA) & Katrina Williams (ACT)

SATURDAY: Show Hack Day Led, Newcomer, Preliminary (Novice), Owner Rider, Childs, First Ridden, Lead Rein, Open Show Hacks & Junior Riders

SUNDAY: Show Hunter Day Led, Newcomer, Preliminary (Novice), Owner Rider, Childs, First Ridden, Lead Rein,

Shetland, Open Show Hunters & Senior Riders.



mount pleasant beat





Travelling with David was Irish Men's Sheds' CEO, Barry Sheridan, and Edel Byrne who presents "Spanner in the Works?" in Ireland. Ireland now has 470 Men's Sheds, opening a new Shed every week. We reckon David, Barry and Edel made the trip down under to Mount Pleasant to reconnoiter and research how it is done in regional Australia.



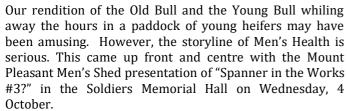
And they were not disappointed. To background music, including John Williamson's "All Australian Boys Need a Shed" and Joe Cocker's "You Can Leave Your Hat On," relating to the custom of MPMS members to turn up at functions wearing a variety of headgear, visitors were kept entertained and amused while they discussed the workings of Men's Sheds and how all Sheds can benefit from working with head office.



However, the reality was ... it was the health professionals that the visitors came to see. The Mount Pleasant Hospital and the Talunga Clinic provided nurses and a doctor to give a free health check to those men who wished to take advantage of the offer. The results could then be taken to their local GP for follow up. Local MP, Stephan Knoll, had his third check-up at a Mount Pleasant "Spanner in the Works?" and we are keeping an eye on his health as he tackles his duties in the electorate of Schubert in preparation for March 2018.

The main hall was set up in Expo style with men's health ambassadors representing Alzheimer's, Arthritis, Cancer Council, CoTA, Diabetes, Hearing, Justices, Mobility Aids, Optician, Palliative Care, Podiatry, Prostate, Sleep Apnoea and Vet Affairs. The presenters were kept busy responding to a variety of questions throughout the day and they

cont'd on p 5





OBE recipient Barrie Mills (IE), welcomed Men's Sheds from Murray Bridge, Mannum, Williamstown, Cambrai, Sedan and Playford, who then mixed with locals and visitors attending this men's health event as they made their way around the many and various stands, taking advantage of all the health information that was offered, from Alzheimer's to Veterans' Affairs.

The presence of Australian Men's Shed Association CEO, David Helmers, gave Shed members the opportunity to find out what was happening in Men's Sheds around Australia. With almost 1000 Men's Sheds nationally, all spreading the importance of men's health, this group is being noticed and considered in political circles.



cont'd from p 4



handed out brochures and advice that covered the spectrum, after which all moved to the Men's Shed for an excellent meal provided by Crazy Chooks.

Rebekah Sharkie, Federal Member for Mayo, joined us for the meal and was taken on a tour of our Shed by treasurer, John Bowd. Our Federal political representative was very complimentary on the members' work on building the Shed and, following the meal, it was back to the Soldiers' Memorial Hall for an evening session.



MPMS patrons, Hugh and Fiona MacLachlan, were guests of honour and, after doing the rounds of the health groups followed by a meal in the Men's Shed, Hugh declared that his participation confirmed that he was, indeed, fit and healthy to continue the gruelling job of shearing the next day.

Local Councils will receive reports from representatives Jo Thomas, Barossa Council and Steve Wilkinson, Mid Murray Council. Jo and Steve attended "Spanner in the Works? #3" and commented on the presentation. Both councils have been leading supporters of the MPMS with regard to both fundraising and support in building our Shed.

Following the clean-up, debrief and co-ordinator Murray Henderson's recovery from the marathon event, the question was asked as to whether the Mount Pleasant Men's Shed would do it all again in 2019 - "Spanner in the Works? #4". The men's health day itself was successful, however taking into account the work leading up to the event, the time and money spent on advertising, reaching out to those men in close proximity to Mount Pleasant, the regrettably, did not meet expectations. dav. Representatives from men's groups in neighbouring towns Angaston, Kersbrook and of Tanunda, Nuriootpa,



Gumeracha, to name a few, were conspicuous by their absence.

This year, we attempted to attract younger men in the district; however, although we were not inundated with a younger clientele, we were certainly pleased with the cross-section of community who did attend.

Where did we go wrong? We will have to take a leaf the out of politician's book in order to make ourselves heard out there in the heartland. Do we need to get on to Twitter and Snapchat? Or. should we look to Donald Trump and sport a lion's mane of blonde hair while



tweeting nasty messages into the night. Perhaps we could commandeer the Link bus, like Bill Shorten, and drive around South Australia shouting slogans from a public address system ... although, here in Mount Pleasant, we would probably be better suited to doing a Kevin Rudd in a



ute. Tony Abbott ran down the beach in his budgie smugglers while trying to put out fires in his electorate, but there's not a lot of sandy beach here, although we could call on Hartley and the CFS to spread the word.

We need to ask ourselves the question, "What would Nick do?", even though, going by the latest polls, I think that Nick and his team may have already done it! We must ask Nick's protégée, Rebekah Sharkey, to help us with a media release that will put us on the front page and give us an interview with Leigh Sales on the ABC's 7:30 Report.

We need a plan - something daring. We need a winner – we need a Winx! And this is where **you** come in. The Mount Pleasant Men's Shed needs a publicity plan and is calling on you for suggestions and advice. All suggestions will be considered

Hold on – back up there! What about an article in the MP Beat? Problem solved.

In the meantime, we continue towards the completion of building our Shed. All hands are on deck working towards a grand opening in February 2018 and maintaining our work in the community. New members are always welcome. Check us out on Facebook or <u>www.mountpleasant.sa.au/</u> and follow the links. We've also started putting things up on YouTube – starting with the "Mission" video from the event.



From Terese Stephens -Assistant Manager



Mount Pleasant FARMERS MARKET



Timor-Leste Coffee Project

Do you want to partner with Roasted On in supporting East Timorese coffee

farmers? There is a meaningful direct trade opportunity that can help our closest neighbor and the poorest nation outside of sub-Saharan Africa.

We are talking to a coffee importer who has been working with East Timorese coffee farmers and co-operatives for more than ten years. Their Timor-Leste coffee project has supported passionate and dedicated Timorese people in improving the lives of poor farmers.

They provide training to co-op members including pruning and weeding to improve yields, optimal harvest time and sorting the coffee cherry. They make pre-payments to member households before harvest season, based on an estimate of their yield for that season. They are the only company in Timor doing this. They buy the highest quality coffee from the farmers (paying amongst the highest prices in Timor) and assist them to sell lower quality cherry to other buyers.

Coffee traders, importers and roasters can create these opportunities but ultimately the power lies with coffee drinkers to make them happen. If Roasted On can find 10 Mount Pleasant customers to commit to buying 500 grams of East Timor coffee once a month for three months, then we will commit to an initial order with Tradewinds. The cost will be \$25 per 500 grams. This is a higher price than normal to better support the farmers.

Coffee ethics is a murky world and we avoid using certifications to "greenwash" consumers. There are currently no plans to spend money on getting FairTrade certification but instead work on finding more meaningful direct trade opportunities like this one.

Please send Roasted On a Facebook message using the link below to register your interest: www.roastedon.com.au



WWW.MPFM.ORG.AU MANAGERHPHM@bicp(NIL.COM OR D418 301 121





Help quit the bag habit - FREE Boomerang Bags! Boomerang bags are lovingly handmade by market member Julia Featherstone and her children and are offered FREE to the market community.

Made from recycled fabric donated by the local community, the aim of this generous initiative is to help save the use of hundreds of plastic bags - take advantage of this offer this weekend!

You can also assist Julia by donating sheeting and other fabrics for Julia to use in her gorgeous creations

Help quit the plastic bag habit and grab your **free** Boomerang Bag on Saturday! Tune in to Better Homes and Gardens on November 10th to see your very own Niche Fruits Team on TV. Fast Ed came and filmed a segment on our property, we had a ball.

We would love for you to tune in. They also filmed a couple of other places in Renmark, that are well worth checking out too.



Delicious Sushi!!! Did you know that we have Sushi at the market every week? Come and give it a try. A range of cold rolls as well! You will find Joanne's Sushi in main aisle next to Bread & Butter ADL





Knowledge is Power . Moustacke is King

Friends of the **Mount Pleasant Hospital**

The Beveridge Garden in Pool Street Birdwood was open in October, with proceeds going to the Friends. The garden was spectacular, with a profusion of flowering plants and trees and plenty of places to sit and enjoy the view. The garden is packed full of quirky pieces and beautiful trees, and there is even room for an orchard and hen house. If you missed it this year, be sure and put it on your calendar for next year!



Regional Youth Bus



Why does the regional youth bus exist? The RYB is an alternative to a bricks and mortar Youth Centre which are often expensive to maintain and not easily accessible to young people living in more remote parts of our region.

What does the regional youth bus do? The project supports local young people and communities through fun activities, education, referrals and by increasing the support services for our rural towns. What can the regional youth bus do for me?

The bus is packed with the latest technologies including gaming, music and WIFI, all in a supervised safe environment to hang out with friends.

At the same time visitors can chat with staff and access a host of information and support on things such as career planning, health and wellbeing.

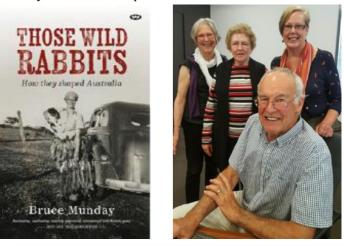
* The next, and last scheduled visit (no funding after Christmas!) will be the end of November.ryb.zone

Pam from Carers & Disabilty Link – Young Carers will be there also.

Find us on **facebook**.

BRUCE MUNDAY

Bruce Munday pictured with fans at a book signing of his latest work "Those Wild Rabbits", in the Nuriootpa Library at the end of September.

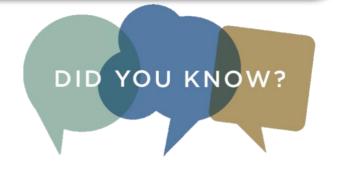


MP - 175 years in 2018!

We will be celebrating Mount Pleasant's 175th Birthday in 2018.

With several significant town buildings also celebrating milestones, we are interested in hearing if any organisations or individuals have any ideas or suggestions about how we may mark these events. Please contact Paula:

e - info@mountpleasant.sa.au or t - 85682126



A 175th anniversary is called a Quasquicentennial!

It's pronounced: kwos-kwi-sen-ten-ee-uhl



Don't forget to send Paula your recipes for the '175 Recipes' Book! info@mountpleasant.sa.au

mount pleasant beat



Information has gone out regarding the Best Decorated Residence and Business – which will be awarded at the Street Party instead of waiting until Australia Day as in the past.

There will also be competitions for the Best Child's Costume, and the Best Decorated Bike. We will also be having a couple of new games for kids – suggested by some of the mothers in our group – and these promise to be a lot of fun!

For the poster competition we are asking children to tell us what Christmas means to them.

Many people have also expressed an interest in helping on the day – rather than being on the group - and we would like those people to contact us so we can add them to our list of helpers. Please call 0403012339.

Thank you to everyone who has given their support – either by donation, or offering to help in the lead up, or on the day. The fabulous events couldn't happen without you!



One of the many, fun things available for children for this year's Street Party will be the opportunity for them to create a drawing /collage / picture, showing:

"What Christmas means to me"

Age groups:

- Preschool & Reception
- Years 1 & 2
 - (Parents may want to help start the very young ones off!)
- Years 3, 4 & 5
- Years 6 & 7

Be sure to include the name 'Mount Pleasant Street Party', and the date – 2^{nd} December.

Please submit entries on A4 or A3 sized paper.

Any medium, but no glitter, please – although glitter glue is OK.

Print the artist's name, age group and a contact number on the back of the page.

Return entries to the Mount Pleasant Primary School before 15th November.

Good Luck!



Mount Pleasant

Street Party and Parade

Community Dinner

The second last dinner for 2017 took on an Italian theme, with Lasagne and Tiramisu. There was lots to go around and heaps of raffles prizes, and Paula spoke about Fund My Neighbourhood and the three Mount Pleasant projects that people are now able to vote for. We have a dedicated group of people who come every month and have a great time, and we've raised a lot of money that has gone towards some great community projects.

Last one for the year on 26th November – let's make it a great one!



Happy 60th Anniversary!





MP Community Dinners



5 Minute Bushfire Plan

Create your own Bushfire Plan, in 3 easy steps

Making a choice when a bushfire threatens is too late. The majority of people in bushfires die fleeing their homes at the last moment. Don't wait until the last moment, create your 5 Minute Plan now.

Simple to create

Don't have a lot of time? Don't worry, the 5 Minute Plan is simple to create and we've provided lots of recommended information that you can click to include in your own plan.

Personalised to you

Using your postcode, we will automatically populate your Bushfire Plan with a map showing your location in relation to our Bushfire Safer Places.

Ready when you need it

Once created, your Bushfire Plan can be saved to your phone, printed out, saved as a pdf and easily shared via email. That way, it is ready when you and your family most need it.

https://www.cfs.sa.gov.au/site/prepare for a fire/5 minu te_bushfire_plan.jsp

Emergency Dial 000 or Teletype 106

Contacts for Mt Pleasant include: Peter Wilde: Andrew Easton (Capt.): Sue Streich (Admin.): and

0418251943 0429485005 0407978757

Find us on

facebook

Peter Wilde



Our CFS crew was on hand at the Farmer's Market, talking & demonstrating Bushfire Readiness.

Courageous Captain

He's looking up the F.D.I. before the dawn bird cheeps, He's planning crews and manning – our Captain never sleeps.

He's aware of all the S.O.P.s, aware of all the rules, The Captain has no time for rest, he has no time for fools.

The public (when they see him), see a man cool, unafraid, And in their blessed ignorance, they think he's prob'ly paid.

But, like me he's just a volunteer, who does it out of love, With a nod from Group Headquarters, and the help of God above.

His wife and children worry, and harass him now and then, When they want him home and parenting, he's out there with his men.

And our Brigade, irreverent, miss no chance to pull his leg And expect him there beside us, when he could be home in bed.

Because to be a C.F.S. Captain, is to bear a heavy cross, For without him and like-minded folk, our community is lost.

We'll lose him soon to 'Region', or maybe to 'The group', But no matter where he's serving, he'll still be in the loop.

So tho' we love to take the piss, and bullshit him so much Our brigade would not be what it is, without our Captain's touch.

Pete – The Peripatetic Poet



This is Courageous Captain Chemical – AKA Jason Sabeeny – wearing the new style CFS uniform. Jason has over 29 years continuous service with the CFS, including 9 years as Mount Pleasant Captain. He now holds the rank of Deputy Group Officer with the Barossa Group.

Inaugural Show & Shine 15 Oct







8th Annual Springton Spring Fair – 22nd October 2017 How fortunate we were to have only a cold start to contend with at the setup of the Spring Fair, instead of terrible winds, which could have meant stall holders battling to put up gazebos etc.

We were thrilled to have so many local stall holders selling an interesting array of wares and produce and to be so well-supported by local attendance. It is important that we all support each other's events as this not only gives pleasure, but adds to the vibrancy of the area.

The loan of the Men's Shed 'Trojan' Horse for a couple of weeks was particularly appreciated as it provided an eyecatching advertising platform for the Fair. We were pleased to also have their Quirky Shed present at the Fair. This cooperation between community groups is so beneficial.

We were once again serenaded by a number of talented local musicians including Birdwood High School music students. This entertainment certainly added to the overall enjoyment of the day.

The Fair is organised by the Springton Progress Association Inc and funds raised go entirely to assist with the upkeep of the hall and surrounds. We were pleased to have again raised over \$2,000 to go towards these ongoing costs.

Di Picard Secretary - Springton Progress Assoc. Inc



or all inquires contact Amie a totnessmill@gmail.com

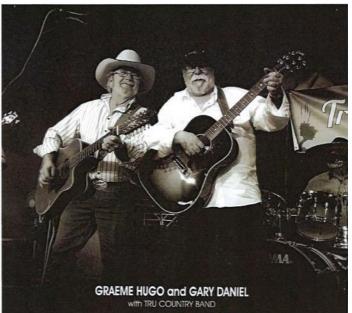


Clockwise from above: beeswax candles, dog products, hats & bags, books & more, and Jo Dennis who started this painting at the beginning of the day.











Brinkworth Road, Tungkillo, SA Next to the Soldiers Memorial Hall







The Breast Cancer Challenge

gone pink 4

VENTS



The Friends of the Mount Pleasant Hospital Inc.

Welcome all to the

Hospital Fete

at Glen Devon Glen Devon Road. Mt Pleasant

On the 21st November from 10am to 2pm. \$10 entry includes morning tea & lunch

> Guest Speaker Trading Tables, Raffles

All proceeds directly benefit our Hospital.





Join us on Saturday 25th November for our inaugural weekend dinner event. Enjoy a glass of our award winning wines on arrival with grazing boards of seasonal, local foods to start. Come together with other guests around a communal table and share a meal of spit-roasted meats, salads and sides. Ticket price of \$35pp includes a glass of Elysian Springs wine on arrival and your meal. Kids tickets available for \$18.

To purchase tickets visit our website www.elysiansprings.com.au or come by cellar door to book in.

If you can't make this event, but want to taste and purchase our wines feel free to drop past our cellar door from Friday to Sunday 10am - 4pm. We'd love to meet you.



2920 Eden Valley Road, Mt Pleasant

elysiansprings.com.au









Sunday, 26th November K.O. 10 am



Beth Wright (a Mount Pleasant Golfing Legend)

In 2016 Beth was diagnosed with Breast Cancer. Like many confronted by the diagnosis, she faced the challenge with both a positive and determined manner. Now given the "all clear" Beth, together with the Mount Pleasant & District Golf Club, wish to give back and are promoting a -

Mt Pleasant Champions Deanne Watkins & Beth Wright with President Dave Swann

FootGolf Fundraising Day

Form a Team

Gather a team of four, who will play in pairs, to win the inaugural

Pink FootGolf Shield

It's just \$100 per team, with all the funds being donated to Breast Cancer Network Australia, This includes a BBO lunch.

You can purchase Team Handicaps at \$10 per shot. So start your fundraising to improve your chances of winning the Pink FootGolf Plate (Handicap) Go to footgolfsa.weebly.com to register and to download the fundraising document. Improve your team's chances of winning at least one trophy!



by Robin Bailes **Directed by David Evans** by arrangement with www.lazybeescripts.co.uk

Tickets from www.stickytickets.com.au or phone 85682496 Adult: \$25 - Concession: \$20 Students 16 & under: \$10

Bring your own nibbles and drinks.

Mt Pleasant Soldiers' Memorial Hall Friday 17th & Saturday 18th Nov, 2017 at 7.30pm Matinee Sunday 19th November at 2pm



Gumeracha Town Hall Saturday 25th November, 2017 at 7.30pm Matinee Sunday 26th November at 2pm



FIREE Come and Try!

Strength & Cardio class Mt Pleasant ~ Tuesday 6am, Thursday 6pm *Classes are modified to suit all fitness levels. Contact - 0433778390 to book in

Monday Tuesday Wednesday Thursday Friday					
6AM		Strength & Cardio		Kick- boxing	
6PM	Pilates		Barre Attack	Strength & Cardio	
7.15PM	Pilates		Pilates		

Trainer also has qualifications and experience with pregnancy and post natal clients.

* Personal Training is also available by appointment.







2018 AUSTRALIA DAY AWARDS

Do you know someone who makes our community a better place? Nominations in the 2018 Australia Day Awards are now open. The Awards reward and recognise individuals and organisations that have made a noteworthy contribution during the current year, and/or give an outstanding service over a number of years, to a local community over and above normal employment duties.

Outstanding contribution and community service includes areas such as; education, health, fundraising, charitable and voluntary services, business, sport, arts, the environment, or any other area that contributes to the advancement and well-being of a community.

The Barossa Council is seeking nominations for worthy recipients in the following categories:

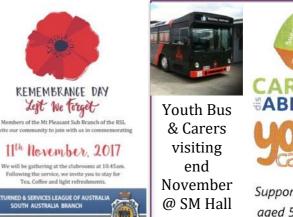
- Citizen of the Year Awards
- Young Citizen of the Year Award Community Event of the Year Award
- Community Project of the Year Award

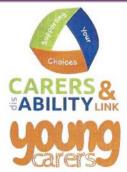
What's on in November...



The Street Party group will meet weekly on Monday nights in the Westphalen Room @ 6.30pm, until the Street Party.

Volunteers welcome!





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Support for Carers aged 5 - 25 years

Fvents

	Mount Pleasant	RSL Sub Branch
Date	Event	Details
4th Nov	Totness Mill Boutique Market	5pm – 9pm, Totness Mill
4th Nov	Tungkillo Country Music Show	7pm until late- Next to SM Hall, Tungkillo
11th Nov	Remembrance Day commemoration	10.45am, RSL Hall, Melrose Street
17, 18, & 19 Nov	Phantom of the Talent Factor	SM Hall – see poster for details
21st Nov	Hospital Fete @ Glen Devon	10am – 2pm, Glen Devon Rd
26th Nov	Pink Footgolf	KO @ 10am, MP Golf Club

Meetings

Check the website for more: www.mountpleasant.sa.au

Committee / Group / Organisation	Details	
Art Group	10-2, 2 nd & 4 th Friday @ MP Library	
CFS Training	Every Tuesday @ 7pm	
CWA	1 st Tuesday, 1.30pm @ Soldiers' Memorial Hall	
Community Dinners Group	1 st Tuesday, 6.30pm @ Mt Pleasant Hotel Motel	
Friends of the Mount Pleasant Hospital	10am, 2 nd Tuesday	
Men's Shed	9.30am, alternate Wednesdays @ The Men's Shed	
MP District History	1-4pm, every Thursday @ History Rm, SM Hall	
MP Farmer's Market	8-12, every Saturday @ Talunga Park	
MP Inc	6.30pm, 2 nd Tuesday @ MPNRC	
MP Show Society	2 nd Monday	
MP Table Tennis	7.30pm, every Wednesday @ BHS Gym	
Playgroup	9.30-11.30am, every Friday @ MP Kindy	
Red Cross	1.30pm, 4 th Thursday @ SM Hall	
RSL	2 nd Tuesday Social gathering	
RSL	Alternate month, last Sunday - Bi-Monthly meeting	
SM Hall VAC	7.30pm, 4 th Monday @ SM Hall	
Talunga Park VAC	1 st Monday @ Talunga Park	
Writer's Group	Please email: mrdonblataceaser@gmail.com	

\$ Thank you:

Thank you to those businesses that have agreed to distribute the newsletters.



SOUTH

- Contact us:



If you wish to be notified when the newsletter is available online, please contact us via t: 0403012339 or e: info@mountpleasant.sa.au mountpleasant.sa.au or Find us on **facebook**. mpbeat



Editors:

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