



# Wasting away

The last two newsletters have sort of been running with a theme – poo – although I was able to sneak some information about Waste and Recycling into the last one, in conjunction with The Barossa Council (TBC) asking for community input into some proposed changes to their waste management. A lot of you must have put pen to paper and sent in submissions, because according to their data, they received a massive amount. (See below) Council received 4,856 responses to the Survey (4,032 Hard Copy - 38% return rate and 824 Online).

Ratepayers were asked to rank the options from 1-4 to indicate their preferences. The charts below provide a breakdown. With the hard copy survey, ratepayers in some instances nominated a single preference, resulting in the other options not receiving a preference (no preference indicated).





Overall, a clear majority (77%) of the first preference is to retain the current service, 12% option 1, 7% option 2 and 4% option 3. Options 3 came out best as second preference, option 2 third preferred option, and option1 fourth preferred.

In the meantime, if you can't wait for TBC to formulate and implement their Waste Education Strategy, the MPNRC will be able to help you now, and the Library has recycling bins to take a range of items including make-up and old mobile phones.

As an aside, I am occasionally contacted by local newspapers for information about articles or people mentioned in the newsletter, and last month they wanted to know if the dog poo issue was that much of a problem. It's a shame they didn't contact us when we were struggling, trying to keep the last bank from closing, but it's nice to think they know of us! (See an extract from the June 26 media release on page 2)

Sue Barrett

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# DID YOU KNOW



That in the last Council elections in 2014, 16,803 people in The Barossa Council area were eligible to vote, and only 5,728 ballot packs were returned. So 34.1% of people who were eligible voted. In some council areas that year, voter participation was in the 70% region, with the highest being Orroroo Carrieton at 77.7%!

### + Coming events

August:

SALA in Springton Pop-Up Op Shop

Sept:

Comedy Night Quiz Night Spring Garden Show

October:

Spanner in the Works?

### The Barossa Council Media Release on the Waste Management proposals:

Mayor Bob Sloane said Council had listened to the community and would respond with greater leadership, community education and strategies for people to minimise and selfmanage waste.

For the first time Council will investigate the option of a voluntary fortnightly 240L organics service within major townships and major rural areas for both garden waste and

Mayor Sloane said more than 5000 public submissions, including 4850 surveys, represented a significant and positive community engagement exercise.

"We were thrilled with how the community responded, giving us their feedback and in many instances, their innovative recycling and reuse ideas," he said.

"While the consultation results indicate the majority of people want to retain existing services, it also revealed changing community attitudes towards waste.

"This starts with small lifestyle changes that can and will make a big difference to our waste and recycling targets, and ultimately drive long-term change."

At Tuesday's Council meeting Council resolved as part of the new waste tender to:

- 2 retain the current weekly 140L waste bin service
- ☑ retain the fortnightly 240L recycling bin service
- 1 incorporate an optional voluntary fortnightly 240L organics service within all major townships and major rural areas for food and green (garden) waste
- incorporate an optional kitchen caddy bin and compostable bags as part of the organics collection service A once-yearly hard waste collection service and hard waste voucher will also be considered.

Final waste services will be determined following consideration of the waste tenders.

Mayor Sloane thanked everyone who contributed to the consultation and said another key outcome would see Council develop a waste education strategy.

"We heard loud and clear that people want more information about what can be placed in each of the waste streams, and what they can do to minimise wastage," he said. "We believe Council, alongside key sustainability partners, should be advocates of encouraging a 'reuse and recycle'



culture, recognising it is a community partnership and a shared responsibility."

The tender will be released in July, with a decision on the final waste service to be clearly communicated to the community.

Any ideas about enhancing Tourism in our area? Are you already doing something you'd like us to promote?

info@mountpleasant.sa.au

### Quiz Night!

Members of the Street Party Group will be holding a Quiz night in the SM Hall on 9th September. Get your groups ready! Jules Montgomery will be organizing the night and is always glad of helpers. Murray Henderson will be the Quiz Master for the night - and be warned - he takes no prisoners! You will be guaranteed of a fun night and know that all the money raised will be going towards the Street Party! Please contact us via: mp.streetparty@gmail.com

Too many clothes? Wardrobe starting to fight back?





Want to make room but not bin everything? Why not Recycle?

You could clear out your wardrobe - and make money!





Come to the Pop-Up Op Shop! SM Hall, Mt Pleasant, Friday 18th August from 5 to 9pm.

Bring your unwanted clothing, handbags, jewellery, shoes, toys, manchester, magazines, etc. We will have Trestles available @ \$10 each. Tea or Coffee - gold coin donation. Come along and help the Ladies of the Night raise funds for community projects.

- It goes without saying that items offered for sale should be in good condition
- and no electrical goods, please.
   Anything not sold must be taken home.

Please contact Di Anderson on 0407 682 428 for information & bookings.

### **Friends** of the Mt **Pleasant** Hospital **AGM**



Friends of Mount Pleasant Hospital are holding their AGM on August 8th, at 10 a.m. in the Day Care Centre at the hospital. We welcome new members.

Pauline, Secretary





Three Bags Full

Directed by: Meg Stephens

Reviewed By: Pablo Barton, June 2017

"Set in New York in 1904, in the household of the Barlow family, a young employee of Mr Bascom Barlow, Richard Foyle, finds himself in mayhem and confusion as bags are swapped, letters are written and twisted truths unravel in front of his eyes. Whilst all this mayhem occurs Bascom's wife is certain he is going mad, whilst trying to deal with her daughter's love life and the running of the household."

Saturday night was packed out as the audience thoroughly enjoyed the experience of another performance by TOTT.

They are in rehearsals for their appearance at the next Community Dinner - so don't miss out!



### SATURDAY 23 SEPT, 2017

MOUNT PLEASANT SHOWGROUNDS

Melrose St. Mount Pleasant

8am-3pm

Gold coin donation entry fee

quality plants, garden furniture, decor Meet our guest speakers and uncover the secrets to a successful garden!

For more information or to become a stallholder, contact us:

- saspringgardenfestival.com.au
- 1 like us @saspringgardenfestival
- O 0418 301 121

Proudly supported and will be run

MOUNT PLEASANT FARMERS MARKET INC



WWW.MPFM.ORG.AU



Sometimes we are lucky enough to have some entertainment at the Market. This young lady was there in June.



## Men's Shed-ding

# How do you know whether or not you have a Spanner in the Works?

The initiative is open to all men, reinforcing the fantastic and meaningful work that Men's Sheds do for local communities.

Us blokes can generally be quite fastidious about our machinery. It doesn't matter if we are farmers, timber workers, truckers, miners or car owners; when a service is due on our machinery we either do it ourselves or we get a mechanic to do it. This is especially so when the value of our machinery is significant - sometimes hundreds of

DOOF DOOF SOUND SYSTEM HEAD LIGHTS Hearing Vision SHOCK ABSORBER • AIR INTAKE Stress Coping Ability Diet/Smoking **FUEL ADDITIVES** Drug & Alcohol CHASSIS • Consumption Weight & Diet OIL PRESSURE **Blood Pressure** OIL FILTERS • Kidneys EXTRACTORS **FUEL INJECTORS** Bowel Prostate DRIVE SHAFT SPARK PLUGS Penis Testicles DUCO Skin Condition

thousands of dollars! With the correct maintenance schedule, we can keep our machinery running optimally and can often avoid costly repairs; problems can be identified and fixed early, before they become major.

The Mount Pleasant Men's Shed is presenting "Spanner in the Works? #3" at the Mount Pleasant Soldiers Memorial Hall on Wednesday 04 October, with two starting times, 2.00pm and 5.30pm.

"Spanner in the Works? #3" plays upon the idea that often pav more attention to the health and wellbeing of their vehicles than their own health and wellbeing. Like the old bull, many men remain reluctant to talk about their health and, too often, delay or avoid going to see a GP to get any potential problems checked out - an that attitude heavily contributes to the fact that men die, on average, 5 years earlier than women.

All you men out there have heard the story about the old bull and the young bull. Sooner or later, even the old bulls realise that their stamina is waning and they may be in need of a health check.

The Australian Men's Shed Association will be conducting a series of free health checks, called "Spanner in the Works?", to take place in participating Men's Sheds across Australia. The free health checks are designed to remind men that, like their cars, they also need a regular service.

This Men's Health initiative aims and hopes to influence and facilitate good habits in men across Australia, making it easy for them to get a quick check-up and some general health advice. Nurses from the Mount Pleasant Hospital and a Doctor and Nurse from the Talunga Clinic will put you over the pits. A Chemist from Mount Pleasant Pharmacy will also be on hand to give advice on additives.

#### cont'd from p 4 Spanners in the Works?

However, this check-up should not be seen as a replacement for a complete check-up by your GP and is more about encouraging men to start thinking more preventatively and acting more pro-actively about their health. We would not ignore that timing change rattle, a bearing rumble or a worn ball-joint in our machinery as we know that it may lead to worse problems later. So, why don't we pay as much attention to rattles, rumbles or our waterworks springing leaks, which become evident in our bodies?

"Spanner in the Works? #3" in the Mount Pleasant Soldiers Memorial Hall, running two sessions at 2.00pm and 5.30pm on Wednesday 04 October, will be in an expo format with 20 information stalls delivering an array of low key men's health material covering rattles and rumbles, aches and pains, dents and dings, fuel consumption and oil changes.

Health and wellbeing can be complex and we can tend to become overwhelmed with health information. "Spanner in the Works? #3" will provide some key health messages to us men in a form that will be understandable and achievable. By reaching out to men locally in our community, and fostering an atmosphere in which they feel comfortable, this project hopes to help provide information and basic check-ups, which will enable informed decisions to be made to bridge the gap between men and women's health considerations.

Come and get a free maintenance check from our Health mechanics. Visit the info stalls. Meet with some of the likeminded old bulls in our community. Tea and coffee will be available all day. Also, if you feel like it, an early afternoon meal catered by Crazy Chooks will be available for purchase.



#### Need to know more?

Call or text our old bull ~ Murray Henderson Mobile: 0439 385 291 or send him an email:

murrayhenderson4@bigpond.com

#### Mount Pleasant Men's Shed

### Firewood for your Winter needs!

Top quality split hardwood, cut to your requirements, delivered and stacked in your woodshed by your very own lumberjack, George! Only \$300 for an 8 x 5 trailer load. Give George - 0417814396 or Bob - 0498489344 a call.



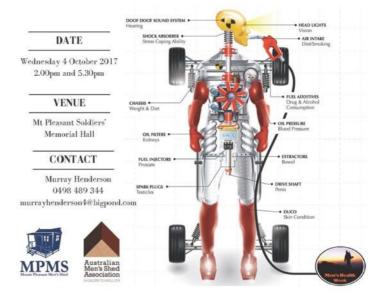


Men's Shed motto - Shoulder to Shoulder Receive an autographed photo of Lumberjack George with each trailer load.

MOUNT PLEASANT MENS SHED

### SPANNER IN THE WORKS #3 A FREE MENS HEALTH WORKSHOP

WHEN WAS YOUR LAST SERVICE?



MEDICAL:

CATERING:

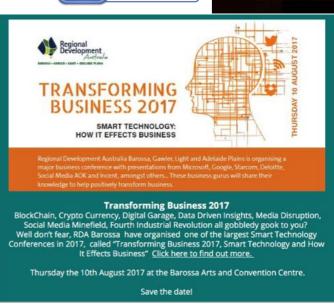
INFO STALLS: Alzheimer's, Arthritis, Cancer Council, Cardiac, Continence, CoTA Hearing, Optician, Prostate, Relationships, Stroke, Vet Affairs Mount Pleasant Hospital, Talunga Clinic and Mount Pleasant Pharmacy Tea and coffee all day – purchase an early evening meal from Crazy

#### MOUNT PLEASANT MEN'S SHED









# Dark Sky



Photo courtesy Mid Murray Council, all others Paula Bartsch.

Sometimes there is something on your doorstep that needs a reason to discover. I knew about Meldanda, but had not visited there or called in to see just what it was. It is set up as a camp and education centre, with native bush gardens, a butterfly garden, "Bat Island", a frog pond, natural spring "Mermaid Lake" and a bush tucker garden... and yes, it is run by volunteers. Where would our communities be without our volunteers. It was a great surprise when we arrived at the planned event.

The function was to inform the community of the River Murray Dark Sky Reserve proposal, sponsored by the Mid Murray Council and hosted by the Mid Murray Landcare SA group. The ABC and Channel 7 had told the story a little but the various speakers present on the night gave food for thought. Isabelle Campbell, Elder of the Peramangk people and her family gave a traditional welcome and shared their support of the proposal as the aboriginal people have a great respect for the night sky.

Chris Tugwell of Mid Murray Landcare SA explained his light-switching moment came when a suggestion by him was enthusiastically taken up by the Landcare Group and the Mid Murray Council and with support and advice from the Astronomical Society of South Australia, a plan was put in place to seek an International Dark Sky Accreditation. The idea is to take readings throughout the region to find

just how dark it is in various places and thus create an area which can be given the accreditation then we can encourage photographers and astronomers alike to visit the region and experience what we locals see on a daily basis – bright stars in a dark sky.

We arrived in daylight and enjoyed a cup of home-made chicken soup, then the classic sausage sizzle. What great facilities there are at

Meldanda, and operating solar power and the environment at the fore, so what better place than this to encourage appreciation of our Dark Skies. Living where we do we take for granted the skies and that we can see the patterns of stars and planets. Light, even that from emitted our computer or the like, can effect our sleep



patterns, and we were encouraged to give some thought to just where the outside lights are placed in our yard, and if needed to put a shade above them, to direct the light just where you want it rather than into the night sky.

Telescopes had been set-up earlier in the day and after the discussion the group ventured to a nearby area to view the sky, with experts able to point a laser and show us just where the various constellations and planets could be seen. All in all a very informative night, and I look forward to hearing if the proposal is successful. A further evening of star-watching is planned in September, so watch <a href="https://www.facebook.com/RiverMurrayDarkSkyReserve/">https://www.facebook.com/RiverMurrayDarkSkyReserve/</a> or the website.

### Paula Bartsch Historian





### Vale Judy Harmer

For those of us who had children at Mount Pleasant Primary School anytime from the 1970s to 1990s we know the 'mother hen' figure who was Judy Harmer. It is with sadness that we heard of her death recently. I can well remember my youngest child who was reluctant to attend school and the highlight was to pick a small bunch of flowers to give to Judy as she arrived at school, and it was a pleasure to see Judy surrounded by such children as mine, and she very much was a 'mother hen' surrounded by a group of children she welcomed each morning. A lovely lady who had such an impact on many children in the district, including children of children she taught! Judy is remembered fondly by my children as their first teacher, and one who prepared them well for the rest of Primary School, and I am sure by many other people who once attended the local school. Our thoughts are with John and the family.

## MP Street Party Group

At the beginning of June people interested in forming the group to organise the Street Party met in the Westphalen Room to hear how the group would be working under the auspices of MP Inc. Some of us decided what we'd like to do then, but as a few people had been unable to be at this meeting, it was decided to meet later to assign roles and iobs.

We then met on the 19th June in the SM Hall to allocate jobs and start the ball rolling for this year's Street Party. Paula and Sue ran the meeting and Nicole Pocock and Vicki Fawcett put their hands up to manage the stalls this year. It's a mammoth job and we are very grateful that they are keen to take the job on. Kath Fisher, Jean McQueen, and Doreen Kuszczokolusa make up the Sponsorship Team, with Syd Starick, and Paula and Sue will be organizing the Entertainment and amusements. Di Anderson is also on board and will be helping out in quite a few areas as she has a few years experience with the Street Party. Jules Montgomery came up with the idea of a Quiz night as a fundraiser, and if the response from our group is anything to go by, it should be a whole lot of fun. Some really interesting ideas were thrown around to add to what we usually have, and we think people will be pleasantly surprised and highly entertained.

Glynnis Burrows has again volunteered to organise the parade and anyone wishing to take part will be most welcome. John Bowd and helpers from the Men's Shed will be assisting on the day.

You may contact Glynnis via landline: 8568 2128, or email: gbu.90820@bigpond.com

### MP Street Party Group

Check mountpleasant.sa.au under 'latest news' for notes from the

Email: mp.streetparty@gmail.com





Another crisp night for Christmas in June. A large and happy crowd turned out to help us celebrate and raise more money for community projects. Di had some great raffle prizes and Ange and the Ladies were doing a sterling job in the kitchen truly a nice, warm place to be! On offer were turkey, pork, lamb and beef roasts, with potatoes, pumpkin, carrots, peas and cauliflower, and lashings of gravy, all overseen by Ange. As is occasionally the case, we had a bit left over and the OBE's (amongst others!) made sure they took some home. Desserts were traditional Christmas Pudding & Bread & Butter Pudding (Thanks, Genevieve!) and Pauline's MP favourite - Sticky Date Pudding. We had some great helpers in the kitchen tonight - including Pauline, Jan, Maxine, Tracey, Genevieve & Chris. CFS members were there in force and kindly donated a couple of tickets to their Comedy Show which will be held on the 2nd September. (A group of comedians there to make you laugh? What's not to like? Be there!) Bev Lane from Bev's Plants (Beautiful and Useful) was a wonderful addition with her re-telling of the beginnings an Oxford University tradition - the Boar's Head, and why Oxford Students were always required to carry their swords - although in that case, the pen truly DID prove mightier than the sword!





**Angela Slagter Community Dinners** 





Contact Peter (Captain), on 0418251943, or Sue (Admin.), on 0407978757, or please feel free to visit us on any training night at Railway Tce, Mt. Pleasant.

The CFS AGM and biennial elections will be held on  $2^{nd}$  August.

Winter training occurs on the first and third Tuesdays at 1900 hours. On a 5th Tuesday (when it occurs) – we will have a Social night - Families are welcome.

The CFS is always recruiting volunteers: Radio operators, drivers, Fire Fighters, etc. There are many roles available.





### Mt Pleasant CFS Comedy Night

7.00pm on Saturday 2<sup>nd</sup> September at the Soldiers Memorial Hall



Quotes from the 2015 event which was a huge success "I almost wet myself laughing" - "It was all so real life comedy"

Get your friends and come and laugh the night away as 7 of Adelaide's multi award winning comedians keep you in stitches. Be entertained by Kehau Jackson, Michael Bowley, Mike Klimczak, Fabien Clark, Joshua Warrior, Maggie Wood & Rich Naberhood

Not suitable for children under 15 years

Tickets just \$25.00. BYO drinks and supper. Tea and coffee provided.
Tickets from www.ticketebo.com.au/mtpleasantcfs or at the Mt Pleasant Post Office

# VOLUNTEER NOW 1300 364 587

Are you interested in helping your community?

Do you want to be part of a dedicated team?

Mount Pleasant CFS are recruiting volunteers Adults and Cadets are encouraged to apply

To find out how you can get involved please contact: Sue Streich 0407 978 757





W W W . C F S . S A . G D V . A U





#### Nominations are open all year round!

Do you know an individual, group or organisation who goes above and beyond to make a difference in our regional communities? Give someone who inspires you the opportunity to be recognised for their efforts.

**Nominate Now!** 

July, 2017 8



Springton Hall was the venue for the Beatles Tribute Pop-Up Supper Club with Allan Pearce on acoustic guitar. The Springton Progress Association provided the venue in their beautiful Hall supper room and the baby boomers turned out in force, singing along with all of the tunes and instead of lighters or matches (like in the olden days!), people held their mobile phones aloft. Only the true fans did any good in the Beatles trivia, but the raffle prizes softened the sting of loss. Thanks to Di Picard and her fantastic group – another great night!





High Tea and Community Dinner 2 events in one!

30th July, 2017 1.30pm for a 2pm start

with entertainment by the Police Band Quintets during our afternoon tea, then

bring back some memories with entertainment by The Top of the Torrens Theatre Group during our evening dinner from 6pm.

Attend either event for \$30, or \$50 for both events.

BOOKINGS ESSENTIAL Enquiries to Paula Bartsch:

t: 08 8568 2126 or e: info@mountpleasant.sa.au



### Pete's Happy 90<sup>th</sup> Birthday to Our Hall

My feeble attempts to make myself slimmer, have come badly unstuck by the Community Dinner,

And the next one may be the very best of them all, as it's being held inside the Memorial Hall.

For 90 long years, in good times and bad, Our Old Lady's made many hearts glad,

And I wonder sometimes, would I be here at all, if Mum hadn't kissed Dad out the back of The Hall??

Aah, the giddy sensation, her blush, her soft glance, with your girl in your arms at the Saturday Dance.

You poor modern lovers, know nothing at all, like a first kiss and cuddle, out the back of The Hall.

So, ninety years young, still pulling a crowd, Our Memorial Hall is still doing us proud.

The Committees, the Volunteers, God Bless you all, for preserving our beautiful Memorial Hall.

Pete – the Peripatetic poet

What's on in July...

Violet Day High Tea



### Come & help celebrate the 90th Birthday of our SM Hall!





### **Events**

Date	Event	Details
25 <sup>th</sup> July	Street Party meeting	7.30pm, SM Hall
30 <sup>th</sup> July	Violet Day High Tea	1.30pm, SM Hall
30 <sup>th</sup> July	Community Dinner	6pm, SM Hall - All welcome

### **Meetings**



Check the website for more: www.mountpleasant.sa.au



\*

Please note that in Winter, CFS training is fortnightly.

Committee / Group / Organisation	Details
Art Group	10-2, 2 <sup>nd</sup> & 4 <sup>th</sup> Friday @ MP Library
CFS Training	Every Tuesday @ 7pm
CWA	1st Tuesday: Day = 1.30pm, Night = 6.30pm @ SM Hall
Friends of the Mount Pleasant Hospital	10am, 2 <sup>nd</sup> Tuesday
Men's Shed	9.30am, alternate Wednesdays @ The Men's Shed
MP District History	1-4pm, every Thursday @ History Rm, SM Hall
MP Farmer's Market	8-12, every Saturday @ Talunga Park
MP Inc	6.30pm, 2 <sup>nd</sup> Tuesday @ MPNRC
MP Show Society	2 <sup>nd</sup> Monday
MP Table Tennis	7.30pm, every Wednesday @ BHS Gym
Playgroup	9.30-11.30am, every Friday @ MP Kindy
Red Cross	1.30pm, 4 <sup>th</sup> Thursday @ SM Hall
RSL	2 <sup>nd</sup> Tuesday Social gathering
RSL	Alternate month, last Sunday - Bi-Monthly meeting
SM Hall VAC	7.30pm, 4 <sup>th</sup> Monday @ SM Hall
Talunga Park VAC	1st Monday @ Talunga Park
Writer's Group	10-12am, 2 <sup>nd</sup> & 4 <sup>th</sup> Thursday @ Library



Thank you to those businesses that have agreed to distribute the newsletters.

Editors: Sue Barrett & Paula Bartsch







### + Contact us:

If you wish to be notified when the newsletter is available online, please contact us via t: 0403012339 or e: info@mountpleasant.sa.au mountpleasant.sa.au or Find us on facebook. mpbeat